

User's guide: Experience Engine Type Human

Clarissa Sophia Von Der Golz

Published by TROONATNOOR, 2016.

While every precaution has been taken in the preparation of this book, the publisher assumes no responsibility for errors or omissions, or for damages resulting from the use of the information contained herein.

USER'S GUIDE: EXPERIENCE ENGINE TYPE HUMAN

First edition. March 10, 2016.

Copyright © 2016 Clarissa Sophia Von Der Golz.

Written by Clarissa Sophia Von Der Golz.

OFFICIAL CLASS IIIA-7b:12a

USER'S GUIDE

EXPERIENCE ENGINE

MODEL TYPE

HUMAN

Supersedes user guide Classes 11a-6b:11a and below
Conforms to DIN 34 (A.0 informed consent) protocols

Ministry for happy next lives

Clarissa Sophia Von Der Golz

Copyright 2015 Clarissa Sophia Von Der Golz All Rights Reserved

PREFACE

I see you have been newly incarnated. And as Experience Engine, model type '**HUMAN**'.

Did you really mean to? Seriously? I mean you didn't mean to be incarnated as a Benobal, and by mistake you wound up as a human? Oh well, I guess everyone has their own preferences. So best make the most of it, eh? Not my job to judge. There's no accounting for taste now, is there!

So congratulations and/or commiserations. Now if I'm not mistaken you'll be wanting an operators manual? Let me see...human...yes...O.K...right...I see...O.K... here we go...if I've got this right, you'll be wanting a handbook for; '**Great sex, success, power, wealth, and how to get it**'?

Right then, just give me a moment. But before we begin, remember I didn't make the rules, so don't blame me. I'm just gonna give it to you straight. You won't like a lot of it. But before you go in for self-deception, denial, and fantasy, at least give reality a go. I mean it's what you came here for, isn't it?

Oh, and before we begin, don't forget, there's nothing stopping you from just up and leaving. I mean, if *I* were *most* of you, *I* would! And take a look at 'Experience Engine Model Type '**BENOPAL**'. Just a tip. Remember you're gonna die sooner or later, so suicide is just a question of choosing *how* and *when*! Most of these darn bodies are barely able to survive, let alone provide their owners with pleasure. And they are so easily replaced. So if you got a dud holistic inheritance, I recommend cutting your losses now and getting a better one.

But remember you have the chance, this life, to determine what sort of holistic inheritance you will probably inherit next time around. Remember it's random. And remember things only endure if they are reproduced. So you might want to look into who is reproducing which holistic inheritances before you trade in this current experience engine. You might want to do something about ensuring better odds of a good holistic inheritance next time around! Don't fear, I will explain how you can do this soon enough!

O.K. So. Before I put myself out of business already, let's begin, shall we?

Oh, and remember that all the physics, chemistry, cognitive science, neuro-science, philosophy, sociology, psychology, and social research that supports everything I have written here is contained in the **TROONATNOOR** series of books. I won't provide all the background arguments here. I will just give it to you straight. If you doubt what I say here, then you'd best go and read those **TROONATNOOR** books. I promise you I won't write anything here that isn't based on the most rigorous and sound scientific footing. Much of it will be hard to take. But don't let that put you off. You could hardly be blamed for being shocked, given that the social reality you have been socialised into is so much at odds with the objective primary reality. What you have been lead to believe is so far from reality that, well, we're going to have to do a lot of work to bring you up to speed. But seriously, are you sure you want to be a human? Have you even *heard* about *Benobals*?

Great sex

This is going to surprise many of you, but you are bi-sexual. Oh, and incestuous! Yes. Fact. You wanted to have sex with your mother and/or father, and your brother and/or sister. At some level you still want to. You simply have repressed the desire. Why? Because it is associated with something very terrible. Murder!

As an infant you wanted to have the parent you lusted after, your mother or father, for yourself. That made the other parent, their lover, your competition. As an infant you felt that you could 'disappear' your competition just by willing it. Just by wanting it. Just by wishing it. Yes you believed you possessed magic. And so you wanted your father or mother to 'disappear'. And so, in your unconscious, pre-rational mind, you associate sex with the guilt of murder. You feel guilt in association with sexual feelings. Not just incestuous ones either. Any sexual feelings. Any lust. Any good healthy, sexual desires.

Your parents may have shamed you into feeling shame for your sexual feelings on top of this, but even without such incompetent parenting, you will still have feelings of guilt associated with sexual lusts. And you will not be consciously aware of the true source of them. But now you are. So relax. You didn't murder your father or mother. It's perfectly natural for you to have wanted to have sex with your parents or siblings.

Look, I'd feel bad if I didn't give you the lowdown on 'Experience Engine type *Benobal*' first, seeing as this bit is all about great sex. The orgasm is the greatest source of pleasure in most 'Experience Engine type *Animal*'. It is so close to death it is pure bliss, at its best. But these 'Human' experience engines rarely get to experience it. On the other hand your 'Benobal' experiences it as often as it likes.

You see Experience Engine type 'Human' is more like Experience Engine type 'Chimpanzee'. It is violent and nasty. The females insist on receiving 'extrinsic' rewards for sex. In other words they expect the males to pay for sex in one way or another. With material benefits. Like bananas. And they deliberately 'hold out' on the males, using sex as a 'weapon' to get what they want. They withhold sex that they themselves really want, in order to exploit the males. Cos the males want it even more than the females. So the females exploit this inequality. And so you get all this sexual frustration that builds up and is expressed as physical violence. A gang of sexually frustrated chimps will form, isolate one chimp, and go about beating it to death. It is a form of 'group building exercise' you will find under their close relations, Experience Engine type Human. They call it 'mobbing'.

Benobal society, unlike chimp and human society, is defined by peace, harmony, and regular orgasmic sex. Benobal females actively seek out sexual partners without any ulterior motives. They fuck for fun. For pleasure. For the intrinsic rewards. Benobals engage in every form of sexual practice known among Experience Engine type 'Animal'. Any time there is any sort of conflict or stress, it is immediately relieved with some hot sex. Cumming is the best remedy for all forms of stress. It is the optimal form of conflict resolution. After a good blow-job, hot fuck, or hand job, it is pretty easy to put things in perspective. There is literally no violence known among Benobals. There is no sexual jealousy or envy. And as all their other needs are easily met, there is little room for any form of suffering.

So please. Consider all this. Sure there are some interesting dimensions to Experience Engine 'Human'. But it falls far short, in most of your basics, from what Experience Engine 'Benobal' has to offer. In any case, maybe you can adapt much of the 'Benobal' lifestyle into your 'Human' one. It is definitely worth considering. O.K. All that said I feel I have met all my ethical response-abilities to you. And we can continue with this user guide for Experience Engine 'Human'. I'll do my best to give you the best tips to getting the best of your experience as a 'Human'. Moreover I will keep you informed as to the best 'exit' strategies should you, and I would seriously recommend you consider it, decide that 'Experience Engine *Human*' is not for you!

Rape

The simplest way to satisfy your sexual lusts, in an ideal world, would be rape. You simply force whoever it is you want to have sex with to comply with your wishes. But there is a problem with this. You don't want to be raped yourself.

But hang on. We'd better deal with rape fantasies first. Many women have *fantasies* about being raped. They masturbate and cum hard imagining being forced to engage in sexual acts with some tall, dark, handsome stranger/s. These beautiful, sexy men force them to do things they would otherwise be too ashamed to ask a man to do to them. In this they allow the women to satisfy impulses and desires they would otherwise feel too embarrassed to. By being forced to do them in the fantasy, they remain 'good girls', and still get to satisfy their deepest, darkest, taboo, dirty, sexual lusts.

O.K. But this doesn't mean anyone would enjoy actual rape in reality. If you want to kid yourself that there are no victims, then I suggest you imagine being forced to have sex with someone you find revolting. Fantasy rapes and real rapes are completely different things. O.K. So you accept that in real rape there are victims. Rape is a form of violence.

And here's the thing. You don't want to be raped yourself. You don't want your own mother, sister, or daughter to suffer such a horrible thing. So suddenly this whole rape thing has become a bit more complicated. Oh if only life was simple!

The first response to this fact about rape was to define some people as 'legitimate' victims of rape, while defining others as 'off limits'. You see this happen in the Old Testament / Torah. The Jews define some women as 'legitimate' victims of rape, while defining all good Jewish girls as 'off-limits'. So you are free to rape, as long as your victim is *not* Jewish. You can rape your slaves. You can rape all the girls of any other tribe. But keep your filthy mits off, and your penises *out* of, the *local* talent!

O.K. So this worked for a time. You accepted that you had to travel a bit for your raping. If you were lucky you'd just come across some 'foreign' girl while you were out foraging for food. That way you wouldn't have to go too far out of your way. Of course whenever you invaded your neighbors to steal their stuff, you could also rape anyone you pleased, and if you really liked them, keep them as your sex slave. All this was sanctioned by your god. Oh if you doubt me then read your Bibles!

But over time your Kings conquered other Kings, and absorbed their people. At first you raped and enslaved. And so you always had slaves, and their children, to rape. Well it wasn't rape. It was just asserting your natural rights to use other people in any way you saw fit. Slavery defined other people as mere means to your own ends. You owned them. You owned their bodies. You owned any wealth they produced. You owned their children. And so on. Which brings us nicely onto the subject of wealth.

But this chapter is about great sex. So we'll get to wealth later. O.K? Good. So. If you managed to get yourself some sexy slaves, you were set. You could have sex with them any time you pleased. You could share them with your friends. You could sway slaves when you got bored with them. And you could hire them out to other people to have sex with.

But sooner or later the good old days faded into history, and slavery became a mere sentimental memory. Why? Well Kings conquered other Kings, until we got states, and then nations. And this meant you had to travel further to find 'legitimate' rape victims. And as nation-states became more and more powerful, it became harder to sneak across the 'border' to rape a 'foreigner'.

Today the majority of people admit they would rape if they were certain of not suffering any negative consequences as a result. Human nature hasn't changed in a mere few thousand years. You could hardly expect it to.

It's just that it's harder to get away with then it used to be. But sadly many women are still virtual 'sex slaves' in the sex industry. Of course that is sad for the victims, but keeps prices and 'ages' down for the clients of the sex industry.

Question is, would you risk suffering the fate of the sex-slave in your next incarnation as a human? Is the potential benefit of being a 'client' of their pimps worth the potential cost of finding yourself the 'victim'? Or would you consider it prudent to contribute to the elimination of such sexual slavery during this life, to avoid the risk of suffering its costs in a next life?

And while we are on the subject of 'paying for sex', we'd better clarify just who pays what to whom, and on what basis. For there are many ways of 'paying' for sex. There are many ways of 'prostituting' yourself. There are many more victims and perpetrators than meet the eye.

Consider for a moment 'theft by matrimony' and 'exclusive prostitution' a.k.a '*marriage*'. Consider all the things men do, which they don't want to do, simply in order to be allowed to do what they do want to do, to women!

The oldest profession?

No, not prostitution. It is of course the Priest, the Shaman, the 'holy' man. Prostitution came long after. Remember in the 'good' old days you just raped any girl that took your fancy, as long as she didn't belong to your own 'tribe'. And then you 'stole' people, by enslaving them as your sex slaves. You didn't think about paying anyone for sex until much later in the development of what we call 'society'.

People have always been superstitious. They believed in the power of 'magic'. They believed in charms. They believed in 'magic potions'. They believed in gods you could call upon to 'intercede' on their behalf, to improve their luck, to invoke their good-will so that they would ensure their good fortune, their success in love, war, hunting, and agriculture. Superstition produced the 'gamblers argument', which is little more than the hope that something *might* bring good luck, and *failing* to do it might bring *bad* luck. So you felt better off doing it. It? Well whatever you had been told was good or bad luck. I mean if everyone *else* appeared to believe it, then could you risk not believing it to? And if the warnings or offers came from someone who had the authority of a 'holy' man, and everyone else believed the guy was holy, then doubly so!

The authority of the 'holy' man, the priest, the 'shaman', rested in their past *apparent* successes. Success in war, a successful hunt or harvest, fertility in crops, animals, or wives, or in bringing forth rain, good luck for you and yours, or bad luck for your enemies, were the original sources of authority for these priests. Most were originally 'magician-priests'. They had all sorts of tricks up their sleeves. Their favorite was to convince you that the stick they held had originally been a snake. Yes they had turned a snake into a stick! WOW! Surely that is much harder than turning a stick into a snake? Well of course they could manage similar 'sleight of hand' on naive spectators as well, when their 'mass hypnosis' talents would not suffice!

Your local 'holy' man might be a shaman, who would use psycho-tropic drugs to produce hallucinations in you and your friends. Surely enough to convince anyone they had just been communicating with the ancestors and so on. They used 'herbs' and 'trance' dance and music long before it became a popular part of youth culture, to get people into the right frame of mind to have a 'spiritual' experience. And so these priests became rich and powerful without having to possess any great physical strength or courage. They didn't have to fight wars. They stayed back at home and let the others bring back the loot and slaves to *them*! Remember the Old Testament Priest-class, the 'thirteenth' tribe of 'Levites'? Well Yahweh, their god, of course ordered the other twelve tribes of Israel to provide this priest class with 'the best of the best'. Great work if you can get it!

So the easiest way to get rich was to get people to believe you good get the gods to intercede on behalf of your 'clients', or to sell them some other 'magic'. Easy work. People are desperate, and gullible. You can take credit for any good luck they have, and deny responsibility for any bad luck they have. And with your 'clients' enemies, of course, vice versa.

O.K. So you're not much good at manipulating people. No natural charisma? Never learned any 'sleight of hand' or 'hypnosis'? Not to worry. There's another way to get rich. A bit riskier, but if you find you can't make your way in the religion racket, we've got an alternative for you. It's called 'stealing other people's stuff'. When you do it alone, it is called 'theft'. When you do it in groups, it is called '*war*'. The oldest profession, after *Priest*, is, of course, the *soldier*.

Mind your language

Oh, and another really frustrating thing I'll have to tell you about is language. Even today there are still over 600 discrete languages by which we mean the speakers cannot make themselves at all understood to each other. These languages are mutually incomprehensible to their users. Why and how you may ask. Surely this makes no sense. Surely the first aim of anyone must be to be able to communicate with others.

O.K. So languages often emerge organically and naturally. Tribes living isolated from each other might just accidentally come up with different ways of expressing things. Different 'signs' for the same things emerged.

Several factors worked against the re-production of these differences, but more important factors worked in favor of it. In fact many languages were deliberately produced in addition to the existing ones. They did not emerge by accident. So, why, do you ask, would anyone deliberately want to increase the confusion and frustration of living on this very confusing and very frustrating planet?

First the factors working *against* the reproduction of multiple languages.

War. Conquest. The theft of one tribes land, resources, goods, and people. The 'theft' of girls for sex-slaves and household slaves. Men to work the fields and mines. To cut all that stone and haul it. Yes it was slaves who made all those 'beautiful' ancient cities. They were built on the sweat, blood, and bones of slaves. From Athens to St. Petersburg.

Now trade played a small part too, but only very few people needed to learn each other's languages in order to trade, and to spy on each other, to steal each other's trade secrets, recipes, manufacturing processes, information about trade routes and the sources of rare and profitable goods, and military secrets. But that also provided a motive for *keeping* your language as *un*-intelligible to the competition as possible. That way they couldn't spy on you. They couldn't 'glean' information from you. They wouldn't be able to buy from the source. They'd be dependent on you as their 'middle-men'. They wouldn't be able to do their own deals, or try to negotiate better deals with your colleagues and competition. They wouldn't be able to understand when you talked amongst yourselves. So trade may have led to the dissemination of some words and phrases, but it wouldn't have provided any impetus for the abandonment of multiple languages. It would have provided more motives for *increasing* the mutual incomprehensibility of languages.

Yes, so, war, and conquest. Well more importantly rape, theft, and slavery, when it comes down to it. For those are the true motives of war. Kings viewed their people as, well, *their* people. As their *possessions*. The people were the wealth of the Kings. Their lands, their produce. The 'nation' was the King's big business. War was merely a 'hostile takeover' of adjoining peoples. The motives for war were always mercenary. It was about loot. Slaves. Gold. Land. The soldiers were motivated by the chance to rape young girls and to get rich quick. Even up to the time of the Norman invasion of England, in 1066, Kings and Popes allowed soldiers at least 3 days of 'legal' rape and pillage.

War was always nothing more than big business. There was never anything noble or principled about it. All peace treaties were cynically entered into, to be ignored as soon as they had served their purposes or became inconvenient.

Kings were greedy. So they were always on the look-out for some weaker neighbor they could invade. The bigger your own kingdom, the more land, the more slaves, the more people you had, the richer you, the King, would be. And so as soon as you managed to get enough gold together to outfit an army, you would march off and try your luck. Peace treaties were meant only to give yourself time to prepare for the next war. People needed a few years to reproduce to re-fill the ranks of the army. They needed a few years to replenish the ranks decimated by the last war or invasion. So you signed a few peace treaties with the absolute intention of breaking them as soon as it appeared in your own interest to do so.

Of course you hired professional 'diplomats' to act all nice and speak of 'principles' and 'brotherly love' and all that, just to keep your competition off-guard long enough for you to outfit and train your new army. And then once you were ready, you found some excuse, pretext, or justification for invasion. Religion was a handy one. But we'll deal with religion later. O.K? So, back to language.

So there was this natural motive for the expansion of 'nations' into larger and larger units. Once you invaded, all the people you didn't murder would be forced to learn your language, in order to serve you as slaves. And it was usually practical to keep on any of the old feudal lords who submitted to your rule, and kept the peace. This would keep the flow of 'taxes' into your coffers running smoothly. As long as the locals respected your authority as King, you didn't mind who they were. As long as they kept sending gold. As long as they were prepared to fight for you in your next war. You didn't mind if they were, strictly speaking, of 'foreign' derivation.

So, as Kings became more powerful, they ruled ever larger kingdoms, and all the people within these Kingdoms would tend to end up using the same language. Each time a larger kingdom conquered a smaller one, you'd get a corresponding reduction in the number of languages. The conquered were forced to adopt the language of their conquerors, in order to go on with the business of living. I've written up a brief history of the evolution of the English language elsewhere, to show how languages evolve naturally. In other cases languages were deliberately 'designed' and then 'maintained'. This accounts for many differences between the most universal language, English, and the other 600 or so languages. And this is the reason why, desirable as it is to have only one world-wide language, English has become the obvious option.

So what factors operate *against* the idea of a universal language? Why has it never been popular? Why do people still insist on learning hundreds of different languages? Why do their governments fight to keep local languages, with all sorts of government regulations?

To explain this we'll have to go back to the days when Kings ruled, with no other motive than to indulge and satisfy as many of their own impulses and desires as often as possible. Their 'people' were merely heaven sent means to their own ends. The people existed merely to serve their King. The King was simply the chief of the thieves. He stole from everyone. That was why he made laws against theft. He wanted to keep his monopoly.

But what could it possibly concern the king what language his 'people', his 'means', his 'slaves' spoke amongst themselves? He never had any contact with them. He never spoke to them. He never listened to them. They were just objects for him. Workers, soldiers, slaves. So why should he care what languages they used? And why should he want them to speak different languages from those spoken by his neighbors? What motive could he possibly have for wanting his own slaves to be unable to communicate with his competitor King's slaves? Why would each King desire each other's languages to be incomprehensible to each other?

O.K. It might help to consider why Priests kept the worst tortures for anyone who dared make the bibles comprehensible to the masses. Why was the church so hell-bent on keeping the bible incomprehensible to the masses? Why were they so keen to keep all their services and materials in Latin? Why torture and kill anyone who dared translate a bible into the language of the common people? Surely they'd want as many people as possible to understand the bible? No? Trade secrets?

You can only truly control people if you can control what they think. If you can control their access to information. Information is, remember, power. It always has been. It is much easier to get people to believe *your* side of the story if you prevent them from ever learning the *other* sides of the same story. You want to keep your competitors from getting a word in. You want your message to be 'gospel'. You want to monopolise public opinion. You want your social reality to be *the* reality, without any doubts or conflicting 'alternatives'. You want to spell-bind your audience to one message. *Your* message. You want to keep public opinion on your side. You want to be able to construct public opinion through your own official propaganda. It is much easier to lie to people if they have no reason to doubt you. If they have no alternate definitions of things. If they have no better information. If you can monopolise what they think about everything. If you can be the only source of information they have to go on. If

you can be the exclusive source of news and data. If you can define everything in the ways that suit you, and have those definitions stick, for want of any alternatives.

So it was in the interests of Kings to make sure their own slaves couldn't understand the languages of slaves from other Kingdoms, let alone other Kings.

Oh, it would also help to identify foreign spies if you introduced all sorts of arbitrary notions into your local language. The more the better. It would make it harder for anyone to learn the language. And that would make it harder for any spies to pass off as locals. Think about this, when you wonder at all the strange constructions embedded in the world's languages.

Yes, so you wanted to make sure your own people, your slaves, your soldiers, your workers, your peasants, could not communicate with those of 'foreign' Kings. You wanted to make sure that foreign Kings had no chance to interfere with all the lies and rubbish you were telling your own people. You had to ensure you had complete control of what people thought and how. And by keeping your national language unintelligible, incomprehensible, and not-understandable to 'foreigners' and their Kings, you managed this task very effectively.

So in effect the multiplicity of languages multiplied, or was at least reproduced, in the interests of *limiting* communication between Kingdoms. The Church kept its own secret language Latin, to keep their inter-church communications secret. Language has always been used to *limit* communication, as much as to facilitate it!

So, my friend, you have become incarnated into a being who will not be able to communicate with most of your fellow beings, for all the reasons we have considered. Don't blame me. If you have any sense you will support me in having English introduced as the first official world language. You will see to it that the multiplicity of languages fade into history.

If you read my other materials about the English Language, you will see why English has emerged as the best contender for a world language. In fact it is unofficially the world language due to its very nature. But before we lose all the beautiful elements of many other languages, I propose we begin identifying all the clever elements of the world languages. We should collect the prettiest expressions and incorporate them into the official English language. English has been doing this since the Angles first set foot on 'English' soil. So it will be easily done. And then we shall preserve what is best and most attractive in all the world's languages, while eliminating them.

This will save a massive amount of resources. All the time and energy now wasted in learning multiple languages will be saved. All the translating and re-printing. All the errors of misunderstanding. All the limits on the free movements of people and goods. All the lost opportunities for co-operation and sharing. All the unproductively employed, and therefore 'wasted' resources and efforts of people. To think how limited our time and resources are, and then to think how much of them are wasted simply by reproducing a multiplicity of languages!

Oh, and not to forget all the other forms of deliberate 'unintelligibility'. Within the English language there are all sorts of artificially contrived 'sublanguages'. These were produced and reproduced for the same purposes we have been considering. To keep people from being able to understand what you are going on about. The most obvious is 'legalese'. That language contrived by the legal profession to maintain its own monopoly on 'legal justice'. Contracts are written in a legal language that only 'insiders' can comprehend. This is a deliberate ploy on the part of the legal profession. This is one reason lawyers are able to get so rich so quickly, whilst producing no real value. We have no idea what they do or how they do it. We cannot thus do it ourselves. We are forced to pay them whatever they demand in order to carry out the simplest of transactions for us in business and 'legal justice'.

And so these 'lawyers' have become the new Kings. They have the power over us. We cannot argue with what they say as we do not understand their language. We must simply accept whatever version of reality they offer us. We need them as intermediaries to deal with the entire 'legal apparatus'. Like the Church of old, they have their secret language. In fact much of it was adopted by the legal profession from the Church. Hence the bulk of 'Latin'. But even when they ceased using Latin, they still used their local languages in such a way, and with so much 'jargon' and 'technical slang' that it remained unintelligible to the masses.

Now we can never consider ourselves free and equal if we are unable to perform the most basic of transactions regarding our rights, our liberty, our freedom, our business, and our private affairs ourselves, without having to engage legal professionals to act on our behalf. No legal, social, or taxation system could be considered fair and transparent unless the average person can understand it. If the 'beneficiary' of the system is unable to communicate with the supposed 'benefactors' of it, then they will never be able to determine whose interests are being promoted in any transaction. How is the average person to know whether it is their interests to enter into the 'social contract' unless they are able to actually understand the exact wording of that 'social contract'? How are we to agree to terms we cannot possibly understand or comprehend? How could such a contract be considered morally 'binding'?

So, my friend, I hope you agree that we need to insist that all government and legal work be carried out in the language of the masses. All documents and processes should be easily understood by the average person. Only then can they actually participate in their own government. Only then can they be considered free and equal citizens under the law.

Religion

Ah my friend, we now come to one of the most confusing and fascinating of things you have inherited, as part of your holistic inheritance, on being incarnated as a human. Religion. As you will remember, I called it the oldest profession. It was the earliest 'trade'. It was a deceitful one from the beginning, as it offered no real 'good' in exchange for the goods it received. What it did offer, however, was a service. It offered hope of being able to rouse the gods or the ancestors to intercede on behalf of the client. This hope was of course false. It was offered by the priests completely disingenuously. They knew their goods were rubbish. They traded in deceptions and false hopes. So it was an easy business. No stock was required. No risk. You sold a form of 'insurance' without ever having to 'pay out' and 'claims'.

Sorry, I get ahead of myself. I have to remember this is all new to you. So I'd better get back to basics, and explain this thing we call 'religion'.

O.K. So first I'll ask you to note a few things. Firstly. The shortest day of the year occurs near the end of December. In the Northern Hemisphere, where the world religions originated, this is known as 'The Winter Solstice'.

Now imagine you are living thousands of years ago. No electricity. No heating or lighting except that provided by open fires. Temperatures falling well below freezing point. The sun barely visible in the sky, if at all. Only a few hours of daylight. And as you lived completely immersed and dominated by nature, you would have noticed that the days had been getting shorter and shorter. And the most experienced and observant among you would recall that each year a cycle repeated. The days grew shorter up until this 'Solstice', and then they gradually grew longer in the days and months following it.

And so you began to think about this day as a sort of 'death and re-birth of the sun'. Try to imagine how completely dependent you were on the sun. All the fruits of the trees and bushes, all the plants you ate, and all the plants the animals you hunted ate, all needed sunshine. You barely survived winter on the plants and animals you stocked up on during spring and summer, when the days were longest, the sun shone longest and brightest. Even a moron could fail to note the connection between the sun and their own survival, let alone 'well-being'.

You would identify your own survival with this 'death and re-birth'. If the sun, which was clearly dying, failed to be re-born, then you and yours were all doomed to die along with it. As such the 're-birth' of the sun was in a way your *own* re-birth. For with it came the spring, the renewal of life, the birth of new animals, the flourishing forth of all the fruits and plants, and the renewal of your own hopes for survival and prosperity.

Note that the 'Vernal Equinox' refers to the first of May, or near-about. This is the time when all the world religions celebrate 'Easter'. It is the time when most animals give birth, and when most plants and fruits blossom and thrive. It is the time of joy and rejoicing in nature. It is the time of the greatest abundance. It represents the 're-birth' of vegetation. You could hardly fail to associate the beginning of spring with hope, joy, and re-birth. With life and love and joy. The natural world, which had appeared to 'die' over winter, was now being re-born! Hallelujah!

And so if you care to take a look at all the important dates in the calendars of the world religions, you will hardly fail to note that they fall on the previously mentioned dates. Whether it be the date of the supposed birth, death, and resurrection' of their 'god-man', or their 'prophet', or some important historical event in the history of some 'chosen people', it will invariably fall on or close to either the Winter Solstice, or the Vernal Equinox, the middle of winter, or the start of spring.

Some people still celebrate the 'New Year' fully in keeping with original logic and custom. It makes sense to wish someone a 'Happy New Year' around the time of the Winter Solstice. For that is in fact the most logical time to

begin your calendar from. It is the time in which the sun 'dies', and is then re-born. It is the end of the old year, and the start of the new, 'Solar' calendar.

The Celts and modern Poles celebrate 'Samahain' or 'The day of the dead' around this time. They visit the graves of their ancestors and ask them to intercede on their behalf in ensuring the re-birth of the sun, and the renewal life.

Jews celebrate 'Passover', the freedom from slavery, around the Vernal Equinox. Even the slave traders and slave-owners among the Jews celebrate their own ancestors' freedom from slavery! Hallelujah that their god would 'chose' them to become slave-*owners*, rather than slaves!

Those followers of the Jesus-sect, so-called 'Christians', celebrate the birth of their god-man Jesus around the time of the Winter Solstice. They then celebrate his death and resurrection to new life around the Vernal Equinox.

The most logical place to consider slavery is in the context of wealth and religion

Religion and slavery are reflexive. What I mean is that you can not have one without the other. Why? Because in the absence of religion, few slaves will endure slavery. They will simply kill themselves at the first convenient moment. It is so easy to do this. The slave master need only be distracted for a few minutes for the slave to hang themselves painlessly, even pleurably, from the nearest object, using the simplest length of rope, cloth, or twine. Germanic women, upon seeing their men-folk defeated in battle, would hand themselves by their own hair, rather than submit to becoming slaves!

The slave has nothing to lose by dying. They have no natural 'fear' of death. They know that they will die sooner or later. All that remains to be determined is the time and means. And the slave is well aware of all the horrific, painful, undignified deaths awaiting them. Between that death, and the present, is only a life of discomfort, pain, suffering, sweat, toil, exploitation, degradation, and misery.

And so the slave master was in a real quandary. No sooner did he acquire, even pay for a slave, than he was in danger of losing the entire value of his investment. What he needed was for his slaves to believe in 'fates *worse* than death'. Death itself held no fear for the slave. Death in fact represented the only *salvation* available *from* life. And so the beneficiary of slavery needed to find some way to make slaves *fear* death. There was no natural reason to fear death. Most beneficiaries of slavery are the first to kill themselves when they become weary of living.

Today *Dentists* have the highest suicide rates, not because their lives are any *less* rewarding or *more* miserable than anyone else's, but because they have the means at their disposal of a pleasurable, easy, dignified, guaranteed pain-free death. Yes, they have access to 'laughing gas' which they used to 'put their patients under'. Nitrous Oxide. A mask. A comfortable chair. Lay back. Turn the dial. Put on the mask. Fade gently and happily into oblivion. Say goodbye to all your worldly cares. Too easy.

An offer you can't refuse?

O.K. So how do you make your slaves fear dying more than all the misery their lives as slaves have to offer them? Enter the oldest profession. For he has always been a fabricator of deceptions. He has always traded in lies and falsehoods. He has learned the 'magic' arts of deception. He has never had any qualms about his profession. He was always an opportunist. He exploited his fellow being's superstitious bent, their ignorance, their gullibility, and all the lowest and highest in human nature, in the simple pursuit of personal profit. And so he was always at hand to serve whatever master would serve him.

So enter the Priest. He is informed of the problem. Being inventive by nature, he sees a solution. Religion! Ensure the people believe that the Gods will punish them if they kill themselves, with fates worse than anything a life of slavery and the very worst of deaths could possibly threaten them with. Yes, you have it. Hell.

Karma is the Eastern equivalent. In Eastern religions you will also find as many hells as in the Western religions, but in addition you will find the concept of 'karma'. It is the belief indoctrinated into superstitious people that they will be punished in their next lives for killing themselves in this life. And so in this case, after serving time in various hells, you will end up suffering an even worse life than your current one, as punishment for escaping this one via suicide.

Now you know as well as I that new incarnations are random. The only way your past actions can affect your current experience is indirectly. For your actions contribute in their small ways to the world you live in, for better or worse. Where you promote greater justice and beauty in the world, you increase the chances of inheriting a world defined by justice and beauty the next time around. And vice versa. And so you will clearly see how the idea of karma is merely another form of slavery. Only this time the 'chains' that 'bind' are mental, rather than physical.

Oh, did I fail to mention that that term 'Religion' derives from the Latin meaning 'To *BIND*'? To bind as in 'to shackle', 'to chain'?

So, my friend, I think you will agree with me that we need to abolish this great evil called 'Religion' if we are to eliminate slavery.

What? You say you are a free person? Not a slave? Really? Is that what you imagine? So you are free to dispose of yourself as you see fit? You are free to kill yourself if you don't like your holistic inheritance? Are you?

So you are telling me you can walk into a shop and say, 'I'd like a euthanasia pill please', or 'May I have 250 mL of Nembutal, you see I want to die peacefully later this week', or 'Do you have a mask to fit this canister of laughing gas I bought from my dentist, I plan on killing myself tonight, but he didn't have any face-masks! And the kind sales-assistant or pharmacist will reply, 'Why certainly, just a minute. That will be fifty dollars. Thank you. Have a happy next-life!'

No? But I guess that if your government decides to declare war on some other government, that you are legally entitled to say 'well, look chaps, I quite like these other chaps, and I'm not really in the mood to go about murdering them to keep the price of oil down, or whatever reasonable motive you surely have for bombing their wives and children, so if you don't mind, I'll sit this war out!'

You mean you have no choice? You have to fight? Or they will put you in jail? You know up until about a hundred years ago if you refused to murder people your government told you to murder, they just killed you. And then they would punish your entire family as well. They would deny them all their legal rights as persons. And you know where that gets unborn fetuses, don't you? In many nations the state would punish your family for generations to come. Yes, for failing to murder other people's daddies, and mummies, and darling little children, and sweet old grandmas and grandpas, the state would punish your wife and children, your parents, and then your children's children, for several generations!

Yes, so, you still think you are free? Not a slave?

Now let's face it. Say you were a beneficiary of your society. Rich, powerful, with every privilege, the power to satisfy your every wish, your every impulse and desire. Now where on earth do all these benefits come from? This wealth? This power? Who produces all the goods and services which make your life so rewarding and satisfying? A genie in a bottle? You yourself? No. Of course not. All the things that go towards making your life so enjoyable and valuable to yourself are produced by people. Other humans less fortunate than yourself. People who go to work every day to produce the value that you consume. People. Now where would you be without people?

And surely anyone can see the relationship between supply and demand. The more people there are competing for jobs, the less you have to pay them, and the less you will have to pay for the goods and services they produce. Simple. So basically you want an oversupply of people. You want to keep a pool of unemployed humans desperate in their misery and suffering to accept any job on any terms.

Now imagine that these humans suddenly got to thinking that maybe there was nothing in this life for them. Their holistic inheritances were clearly never going to be able to provide them with the satisfactions and pleasures that they had originally come to inhabit their current experience engine to obtain. So why not cast off this 'self', and hope for better luck next time around, a more rewarding, satisfying, pleasurable, desirable holistic inheritance?

These enlightened souls have gained their freedom from religion, and its threats of hell and karma. They have been informed about how easy, painless, and even pleasurable, suicide by hanging is. They are clear on the logic which states that oblivion is better than suffering. So even if the worst that awaits them upon escaping their current 'self' and throwing off this current holistic inheritance, is oblivion, they will still be better off. They will have escaped a bad something to a neutral nothing. They are aware of all this. So they have no fear of the process of dying, nor fear of being dead. They have no fear of suffering consequences for escaping their captivity, their current slavery.

I guess by now you see why every state, every government, every religion, every beneficiary of society, every rich, successful, powerful, lucky person will have every possible incentive and motivation to ensure that you never come to understand your current position. They will keep beating that dead horse called 'religion', hoping to keep some enthralled and in fear of death, dying, and eternal punishments. They will deny you access to euthanasia. They will deny you access to information concerning it, for fear that upon learning the facts of euthanasia, you might begin demanding the right to it. They will maintain laws on conscription, requiring you to murder anyone your government directs you to kill.

Ah, and there's more to this slavery business. And it's all about SEX!

No, I'm not talking about that sexual practice known as 'bondage'. That is all fine and good, as it is based on mutually informed consent. No, I am talking about the slavery you never gave you consent to, and never would, if you were given the right to informed consent and given the right to actively exercise the power of *dis-*sent.

Supply and demand. O.K. So you'll want your slaves to reproduce as fast as possible. Remember they represent your human capital. The more of them you have the richer you are. The more services they can provide you. The greater the means to your own ends. The more soldiers you can conscript to go and steal the wealth of other nations. The more sex-slaves you can rape. The more farmers working your land, which without peasants, is next to worthless. The more tax-payers. The more tithe payers. And so on.

Now even the dumbest of slave masters is aware that you need penises ejaculating deep inside vaginas to get more babies, more slaves. Any semen that falls outside a fertile womb is 'waste', as far as the slave master, and beneficiary of slavery, is concerned.

Fact, the original derivation of the word 'sin' is 'waste'. Ah yes, certainly, it would be a sin for semen to go to waste. At least in the eyes of the beneficiaries of slavery. For each drop of semen is a potential new unit of value production, a potential new slave, peasant, tax-payer, soldier and so on. Each little sperm is a potential new means to the beneficiaries ends, a potential new satisfaction, a new pleasure to be enjoyed, a new product to be consumed, a new young girl or boy to rape. What a waste for such potential personal interests to be squandered!

And so all religions have defined any sexual acts which cannot lead to the reproduction of slaves as sinful. All governments have defined such acts as 'criminal'. Yes, even today, homosexuality is a criminal act in many nations.

An act punishable with death by stoning. In other more 'enlightened' or 'liberal', mostly 'western' nations, homosexuality is still a punishable offense. A criminal act. A crime. Sex crimes!

And so masturbation has been defined as a sin by all religions. Anal sex has been defined as sinful, and criminal in most nations, at some point in their history. In many it is still a crime punishable by death. In other nations the crime exists on the law books but it is not actively prosecuted. Consider the situation in Tasmania, in Australia, for example!

Homosexuality, while clearly the ideal, has been defined since slavery has become prevalent, as a sin, a crime, as un-natural, as wicked, as disgusting, as a weakness, as immoral, as filthy, and so on. Why the ideal? Well because if we were all homosexual, then all reproduction would need to be considered and deliberate. There would be no unplanned pregnancies. There would be almost no need to even consider the issue of abortion. And while men and women are unequally matched in most cases as to their sexual and relationship needs, it is more likely to find relationships based on equality of need and desire, and therefore synergies, in same sex relationships, than in *hetero*-sexual ones.

The whole issue of contraception would not exist. There would be no undesired children due to rape, or unplanned pregnancy. There would be little motive for abortion or infanticide. Every child would be planned and desired. Every child would be welcome and cherished.

And as men have higher sexual appetites than women, they are better able to satisfy their needs with recreational, random, purely opportunistic sexual encounters. There would be no 'guessing' as to how to please a partner, as you would share the same organs and desires. Men do not expect to be paid for sexual favors, and so the whole idea of prostitution, whether as sex workers, mistresses, girl-friends, or wives, would evaporate. There would be no need for sexual slavery. Men would always find a willing male sexual partner, if they were all actively homosexual.

Now I've already reminded you that we are all *bi*-sexual by nature. And it won't take much consideration to work out why we have repressed the homosexual aspect of our sexuality, in light of the previous discussion. It is reasonable to expect people to repress desires and impulses which could bring them punishments in this life, and in various hells and next lives. We repress our impulses to steal, murder, and rape for the same reasons. We don't act out various impulses for fear of the consequences. We do not actively seek the satisfaction of various desires for the same reason.

We learn that certain desires are 'taboo'. We associate them with all nasty, ugly, horrible, disgusting, fearful things. We are taught to do this from an early age. And once we have internalised the taboo, it becomes an emotional reflex. We no longer relate to it on a rational level. Our relationship with it is purely emotional. And thus we go from desiring sex with our mother or sister to feeling sick and disgusted at the very thought. If we escape this internalisation of the taboo, then we will still manage our desires prudently, rationally, out of a reasonable fear of the consequences of acting upon them, or even having them publicly known.

It is in fact this fear of discovery that serves the interests of the beneficiary classes' best. For out of fear of discovery of our own true natures, we become most vocal in renouncing the very same things we so desire. They who are most fearful of being discovered to harbor homosexual or incestuous desires, are often the most vocal in demonising homosexuality and incest. This inverse relationship was discovered by Freud. It runs so deep that people will even practice the very same upon their own minds. They will deny their own natures, repressing them until they become no longer conscious of them. And the reflex of this will be that the mind will produce the opposite *conscious* attitude or emotion. The person will feel a conscious aversion or even fear of the condition, situation, or act which they now unconsciously desire, in equal inverse proportion to the strength of the original desire.

Thus a conscious fear of dying often reflects an unconscious desire for death. The conscious horror and disgust of the very thought of having sex with your parent or sibling often masks an unconscious and very powerful desire to have sex with your parent or sibling. The same goes for all other 'taboo' sexual acts, from homosexuality, to 'golden showers' to 'shit fights'.

I remember being shocked once upon entering a closed room in which two children had left their shit-filled diapers. They did not appear to find anything revolting about the smell at all. And this reminded me of what Freud had discovered about our original attitudes to excrement. Of course people joke about enjoying the smell of their own farts, while finding other people's farts revolting. I have had occasion to have my own farts in fact complimented by a colleague, who was unaware of the true source of the 'fragrance'!

The *apparent* desires and aversions we are conscious of, often in fact reveal their reverse in the form of a *genuine unconscious* desire. That is to say we do not really know our own minds. And so we can hardly be surprised when we 'act out' on our repressed desires, and in doing so appear to 'act *out* of 'character'.

I challenge you to masturbate while fantasising about having sex with a parent, sibling, or member of your own sex. Until you can do so, you cannot claim to be en-lightened. For you will still be living in denial of your true nature. And this is dangerous. As your true nature will find ways of expressing itself. And you will be wasting precious psychic resources on maintaining the repression and denial of your true nature. This psychic energy could better be employed more constructively. The opportunity cost of repression is thus very high.

I am not saying you want to have sex with your parent or sibling as they are now. The desire emerged when they were young and beautiful. So keep this in mind.

The only rule about sex is mutually informed consent. This means each person must know what they are letting themselves in for physically, medically, psychologically, and emotionally, with no deceptions, either self-deception, or deliberate mendacity, with no coercion or force of any form, whether financial, emotional, or physical. Once all the conditions are met for mutually informed consent, then no other condition should or need be applied. Age or gender discrimination has no place anywhere in society.

In order to eliminate unwanted pregnancies, abortion, infanticide, and child-hood trauma due to neglect and abuse, we must approach reproduction with a very sober mind. We cannot afford to allow people to indulge in

reproduction merely to satisfy their own whims. We need to consider the rights of the Not-Yet-Conceived. We need to protect their rights. We need to ensure that each child has the best and most equal holistic inheritance we can offer it. This will mean denying some existing persons the gratification of their impulse and desire to reproduce themselves, as being a weaker argument than the life-long interests of the persons who would be produced as a result. In other words the interests of the future-person must be given greater weight than the interests of the current person. This is only logical. For we are weighing up a life of interests against the satisfaction of one particular interest. This particular interest may be strong, but that does not make it more compelling than the entire life of interests of the future person whose rights and interests we are considering.

If at first it seems too much to demand, I wish you to consider that in the past people found the demand to free their slaves impossibly unreasonable. Most men felt the same way about giving women the right to vote.

The real problem is that slavery was nominally abolished by force. In the U.S Southern States no consent was given. I would wish you to consider that by dictating whether or not a future person shall be born, and become a person, few people 'ask' that not-yet-conceived-person' for their informed consent. We act towards the 'not-yet-conceived-person' as we would towards a slave, independent of how well we intend to treat that slave. This is most apparent in the lack of legal rights of the not-yet-legal-person known as 'the fetus'. As we may dispose of a slave as we will, so we may dispose of the fetus as we will. The character of the slave is present in the not-yet-person, the fetus. The whole definition of slavery revolves around the legal rights of the person. A slave is legally not a person at all. They have no rights. The same applies, in many countries, to the fetus.

While each have their own definition of at what 'age' a fetus becomes a 'legal entity', a person in their own right, with all the rights of person-hood granted all other citizens, this 'age' is more or less arbitrary. There is no scientific basis for defining when a person becomes 'sentient' or 'aware' of their own existence, and thus able to suffer the pain of abortion, and the loss of their life. The fetus is defined as the property of its host up until this point. This is medically incorrect, as the fetus exists in the womb, and merely draws nutrients from the host. It has no other physical connection. It is like saying that because I live in your house, you own me, and may dispose of me as you see fit. This is the problem with the idea of 'the woman's right to decide'. For the fetus is merely inside her body. It is not a part of her body as her own finger or eye is. And so it is not appropriate to consider the fetus in the same light as her finger nails or hair, which no one would deny her the right to dispose of as she sees fit, as her own desires and convenience dictate.

And so legal slavery is still with us, from the point of view of the fetus, the 'not-yet-person', and the future person, the 'not-yet-conceived-person'. For we deny them both all legal rights. We do not protect their rights. We allow others to dictate their fates to the point of life and death. We do not require '*mothers*' to abstain from alcohol, tobacco, and other drugs and poisons. We do not require potential parents to behave responsibly towards their not-yet-conceived or not-yet-born children.

I guess here you might ask what rights I would give these not-yet-persons and not-yet-conceived-persons. The **TROONATNOOR** series of books contain a set of protocols which answer this question in detail. However her I will simply remind you of that golden rule, or doing unto others as you wish they would do unto you.

My question is simple. What sort of holistic inheritance do you wish you *had* been born with? Then what sort of holistic inheritances would work on a social level. Of course we would all like to have been born rich, beautiful, powerful, privileged, and so on. But of course privileges, power, and wealth are dependent on inequality. And so we can't *all* be powerful, wealthy, and privileged. So we have to moderate *these* sorts of wishes and seek the best level of general prosperity and empowerment for an entire social system.

But we *can* all be beautiful, healthy, intelligent, and enjoy opportunities to develop our talents and abilities. And so we might consider that, in the event of random new-incarnations we would all desire that reproduction be managed along the lines of universal eugenics, and that all children be given as equal and desirable a holistic inheritance as possible. We would oppose inequality as much as we currently desire and promote it.

What, I hear you say? You re-read that last line of course, just to check you hadn't *misread* it. For surely I couldn't possibly have stated that we all *want* inequality? That we all promote inequality? That we seek to enjoy benefits at the expense of others? That we want to be more attractive, richer, more intelligent, and more powerful than others? Well that is what is implicit to desiring inequality. Any time you desire to have more of something, it will come at the reflex cost of others having less of it. Unless of course you can produce more of that thing, so that by having more yourself, no-one else need to have less.

And this brings me to the point of what I would call 'optimal inequality'. Now we are motivated to work hard, make sacrifices, and take risks, by the promise of greater rewards than we would receive by not working harder, or making greater sacrifices, or taking greater risks. This means that our society must reward those who work harder, take greater risks, and make greater sacrifices, more than it rewards those who are lazy, risk-averse, and unwilling to sacrifice some immediate gratification for some greater future gratification.

And this in spite of the fact that these personality traits and behaviors are as determined as hair color, which makes rewarding them, strictly speaking, as *unfair* as rewarding people for having brown eyes rather than green eyes.

Yes I am saying that the system which will motivate the greatest effort and innovation must by definition be unfair. It is merely a question of limiting the degree of injustice by ensuring a basic level of re-distribution, and a question of what system will produce the greatest value *available* for such re-distribution. And this re-distribution will be unfair on some level also. For surely the person who can produce a particular quantum of value has the right to consume that same quantum of value?

Or do they? Is value produced by an individual? Or can value only be produced, and be realised, as part of a society? What value can a singer produce from their talent without an audience? What producer can make a profit without consumers for their products? What person ever literally raised and educated themselves? What value do 1000 oranges have to the person who grew and picked them, if they will merely rot on the ground before they are capable of consuming them themselves?

No, it is clear that all value is a social product, even as it is produced by individuals. For the market value of a thing only comes about when there is a market for it. Production in excess of what the producer can consume themselves only receives a value as a function of the existence of other people interested in trading this excess production for something which the producer has a deficit in. Thus a man poor in 1000 oranges, for he can only enjoy 100 before the rest rot, is only made rich by the chance to trade the other 900 for something else he doesn't have. And so the value of the 900 oranges is purely *social* in nature.

And so we see how it is rightly fair to re-distribute some of the value a person produces to those who did not produce it, simply as it is the existence of these other people which made the production possible in the first place, and which then assigned a value to that production. So while labor is the only producer of value, value in excess of what good the producer can obtain from their production for themselves, being how much of the good they can consume or enjoy privately, is clearly produced by society, by the existence of other people, and hence of markets for excess production.

In the talented singer or song-writer, the facts leap up at us. For the singer may only gain a limited value from their talent, namely, the ability to entertain themselves, and maybe seduce a few sex-partners. And yet it is such people who claim the right to a massively unequal share of the value produced by society!

And here I will go against my greatest heroes of philosophy to argue for the abolition of private banking, finance, and brokerage services. In the past usury, the lending of money for interest, was defined as a sin in most Western nations. Today it is nominally considered a sin and a crime in many Islamic nations.

I am sure that such industries produce *no* value, and *facilitate* much less value than could be facilitated by a banking and finance system owned and run by the public for the public.

Firstly, the misleading representation of borrower vis a vis lender. Now it is universally accepted that the borrower is doing the lender the favor. The lender requires money to finance some investment or consumption. The

borrower is taking a risk of lending their money to the borrower, as that borrower may fail to pay it back. Hence we talk of risk. And we focus upon the risk to the borrower.

But here is another risk never mentioned. The risk of idle capital losing its value due to inflation. As prices go up, the 'stored value' of cash falls. In other words the person who does not wish to spend their money at the moment risks losing part of it over time to inflation. And so the borrower is doing the lender a favor by borrowing it, as long as they agree to repay its current nominal face-value, plus a consideration for the level of inflation that it suffered during the period of the loan.

And if we were to think along the conventional lines of rewarding risk common to bankers, we would also add that, as the lender is reducing the risk of the borrower, they should be rewarded for doing so by being allowed to exact a consideration for this risk in terms of reducing their repayment to the initial capital, plus inflation, minus this consideration. And so to fairly apply the conventional arguments of bankers to lending money, we should expect that the borrower not be required to compensate for the entire amount of inflation.

Of course bankers are mere opportunists. Their principles are all blah blah. In reality they simply take advantage of the need of borrowers. They exploit this need unfairly. They 'spin' the entire situation and re-define it. They argue that the lender is doing the borrower the favor, and that it is the borrower that is increasing their own risks by doing this favor. And so they demand interest *higher* than inflation!

Governments want to encourage investment and innovation. Thus they want capital to be made available for such investment. They realise that all innovation requires risk-taking, and this entails the possibility of economic losses. In other words some loans will never be repaid. They see that there are private individuals willing to take the risk of their loans never being repaid, in return for high rates of interest. And so the State feels it has no need to step in itself. And of course the banking lobby are happy to contribute generously to the political campaign finances of the political parties, in order to protect their very profitable business.

But in reality risk can be spread over an entire nation so that it may become negligible. There is no need for a few individuals to become fantastically rich by providing the most simple of services. Were these people to be rewarded according to the actual contribution they make, to the actual production of value they facilitate, then there would be no rich bankers. And this would be a good thing, for surely it is wrong to reward people far in excess of the value they produce, given that this must mean that many people are doomed to receive much less return for the honest value they *do* produce! It is legal theft. No more. No less.

In this the state is perpetuating a crime, and aiding and abetting the criminals. I am not saying that different people should not be charged different amounts of interest relative to the risk they pose, and to the uses to which they intend to put the money. I am not saying that everyone should be given the same amount of money to attempt whatever ill-considered scheme they can think up. I am not saying that you can build a society of pure equality, when human nature demands unequal outcomes for unequal effort, risk, and sacrifice.

I am saying that there are many huge scandals of injustice and inequality that need to be eliminated, and that the finance sector contains many of them. On top of this, it actively corrupts the social system so that poorly managed companies get easy, cheap credit to continue their inefficient, lazy production, at the expense of innovative, creative, hard-working, self-sacrificing, risk-taking entrepreneurs. And we all suffer as a result by way of less value produced, lower innovation, and the general stink and demotivating power of corruption and injustice.

After all this dry stuff, how about we return to something nice and wet, SEX!

So, now we have a chance to liberate ourselves sexually, to acknowledge our authentic, real, genuine sexual desires. We can see why we have felt so anxious, guilty, fearful, and shameful about them. We can now see that all sexual acts are in themselves innocent and harmless, as long as mutually informed consent is present. In the case of masturbation you need only give yourself consent! What you do with others in your mind cannot harm them, so they need not be informed or asked for their consent!

So now that we know what we want. How do we go about having great sex? Is it a question of technique? All those books on sexual self-help seem to think so. They simply talk, in dry, unexciting terms, about how to apply different sorts of pressure to different parts of the body. But anyone who has had sex knows that such 'technique' has little to do with sexual satisfaction, when it cums down to it.

The most important sex-organ is not the penis, the vagina, the clitoris, the breast, the nipple, the anus, or the prostate. No. Of course it is *the brain*! It is the sexual fantasy that needs to be stimulated. The other organs respond to the brain. It is the brain, and the other glands which work with it, which send the chemicals to the other sex organs, and then convert the stimulus inputs received by them into pleasure, inside the brain.

I guess most of you have had the sad experience of unsatisfying sex. Even 'numb' sex. Sex where everything was mechanical, and in no way 'sexy'. And I guess most of you have almost, or even *literally*, cum in your pants just from something sexy you saw, heard, or just thought about? There you have it. You can manipulate, suck, rub, pull, push, lick, flick, bite, tease, and move to your heart's content, without producing any desire, lust, or sexual satisfaction in yourself or your partner/s.

Of course a little biology doesn't hurt. O.K. Firstly, all female orgasms are ultimately clitoral. You don't believe me? Well first locate the clitoris. It sits under its little hood on top of the entrance to the vagina. It is the equivalent of the head of the penis. Now the female 'penis' is inverted. Its muscles and blood vessels expand to form a 'hollow' inside the woman's body, whereas in the male the muscles and blood vessels expand to form an erection. O.K. So the female 'erection' is this 'tunneling' of the vaginal walls. As such female impotency, which you never hear about, is the lack of this 'erection' this 'tunneling'. Now if you've ever seen a truly sexually aroused vagina, you will see this tunnel form quite clearly. However as most sex isn't that sexy, most men have never seen a real 'female erection'. For most sex women are 'impotent'. It is the equivalent of inserting a flaccid penis into a vagina, for the vaginal walls are 'flaccid' and 'un-erect'.

O.K. So the female 'penis' ends in the female equivalent of testicles up in the uterus, deep inside the body, at the furthest end of the vagina. The clitoris is the equivalent of the head of the penis, the most sensitive area known as the 'perineum'. And in the same way that you can stimulate a man, and give him pleasure, by merely caressing the shaft of his penis, the woman also gains pleasure from having the walls of her vagina stimulated. However it is the end of the penis that provides the great pleasure, as it is the female anatomical equivalent, the clitoris, which provides the greatest source of female sexual pleasure. And so it is the sucking and appropriate stimulation of the head of the penis and clitoris that do the trick.

But as pulling along the shaft will stimulate the head, so will pressure upon the vaginal walls indirectly pull up and down on the clitoral head. And as there are nerves along the shaft of the penis, so too with the walls of the vagina. For the clitoris actually extends upwards from the clit along the upper walls of the vagina. And so a slightly bent penis, or one that places pressure upon this upper wall on entry and exit, during the fucking motion, will also contact with the upper extensions of the clitoral tissue along the upper inside wall of the vagina.

As such it is best to penetrate the vagina at an angle so that the penis puts more pressure on the top inner surface of the vagina, and so that the partner's crotches rub along the area of the clitoris.

And of course ask your partner what feels good. They hopefully masturbate a lot, and are so able to tell you. They hopefully also have some experience with good sex partners, and are in touch with what turns them on, from a purely 'mechanical' point of view.

But of course much more important than the mechanics of sex is the psychology of sex. Remember that the most important sex organ is the brain. You can get all the technique in the world perfected, and still end up with a dead root, a cold lay, 'numb' sex, 'bad' sex, and even discomfort in your genitals, not to mention a very sad, depressed, dejected psyche!

It is sad that we have to begin by getting in touch with our true sexual natures, throwing off the shackles of religious and social repression, and overcoming our socialised sexual repressions. But the good bit is that all these 'taboos' can actually now be employed in spicing up your sex. In fact it will be in the breaking of these taboos, literally or in our fantasy that we can heat up the most frigid of sexualities with great ease! And so we turn all those evil intentions of Priests and slave masters to some good!

So open your mind. Start thinking your most taboo thoughts. Start expressing your most repressed fantasies. There is a simple rule. Nothing must. Everything can. You don't need the informed consent of you father to fuck him in you fantasies. You don't need to worry that you are 'sick' or 'evil'. Sex is just sex. It is value-free. And unless you swallow, it is also calorie-free! There are no victims in fantasy sex, or any form of sexual expression in which you have the informed consent of your partner/s.

All forms of sexual expression, under these conditions, is perfectly innocent. Only when you begin using sex as a means to other ends, do you corrupt it. A girl can have sex with hundreds of men, at the same time if she likes, and still retain the purest sexual innocence. It is only when you abuse sex, when you employ it instrumentally, with ulterior motives, which you debase and dirty yourself. It is such acts which 'ruin' sex.

The only motive allowed in 'innocent' sex is to cum as hard and often as possible, and to get your partner/s to cum as hard and often as possible.

The sharing of pleasure must be your only ambition. Once ulterior motives enter you have prostituted the sexual purity.

Now I have nothing against honest sex workers. They perform a valuable service and if they do their job well and honestly then they deserve as much praise as any other professional. The sex industry is transparent. The transactions are open and honest. Each party has given their informed consent to the transaction. No-one is laboring under any illusions. Each party is using the other as an object, as a means to their own ends. This is a transparent transaction with no victims.

However when a person deliberately deceives another about the nature of their 'intercourse', they have already gone astray. Once transparency is clouded, there is the risk of exploitation, of victims, of the abuse of sex. This is the true prostitution. This is not 'dirty' in a good, sexy sense, but in the sense that makes your skin crawl, and makes you feel like you need to have a shower, right now!

The best reason for having sex with a particular is that *you* want to fuck this particular person in order to cum hard.

Of course the noblest motive for sex is the desire to give *another* person comfort or pleasure, despite the fact that you don't particularly want to fuck them per se. In this case the motive is the good of *the other*. Compassionate sex seeks to serve the interests of the other, rather than the self. In this case sex is being used for good purposes, and not being abused. The innocence is retained.

Ideally we will find a situation of synergy, where both partners want to fuck each other to cum hard themselves, and want their partner to cum hard as well.

Ah, ideals. But that does not mean the BEST sex. No. The best sex YOU will have is when you are simply using another person as your sex object, as the means to make yourself cum. And now when ALL the parties involved are desperate to fuck each other, to use each other to cum hard, using each other as sex objects without any consideration to political correctness, or worrying what the other person is thinking or feeling (beyond a good-

natured good-will towards the person and a desire to do no harm implicit in such a nature), well THAT is when YOU will have THE BEST SEX OF YOUR LIFE.

If you can actively break a taboo during sex, that will heighten the sexual arousal, as it stimulates your brain in several complementary ways. Fear heightens sexual arousal, pumping adrenalin through your body. And anger can produce the same effect. In fact some animals resolve all their conflicts by fucking. When they get angry with each other, they fuck each other. This is what is known as 'make-up' sex among couples. I've surprised myself with how sexually aroused I have become when I have become completely out of myself with rage. And usually the only people capable of enraging you to this extent are people you are emotionally intimate with. So it is usually only felt by intimate couples. It is only such people that can really 'get under your skin' and really 'rile' you to an inch of exploding!

Ah, I mentioned 'politically correctness' and 'using each other as sex objects'. Now making love is beautiful and wonderful. But few people cum hard while 'making love'. Of course we will talk about 'love' later, but for the moment let's focus on fucking.

Fucking (not 'being intimate' or 'making love') involves:

PUSSIES (NOT VAGINAS), COCKS (NOT PENISES), ARSEHOLES (NOT ANUSES), PANTIES (NOT UNDERWEAR) FINGERING (NOT 'MANUAL MANIPULATION'), SUCKING (NOT 'FELLATIO') AND 'GOING DOWN ON' (NOT 'PERFORMING ORAL SEX UPON')...

Do you see what I mean? Do you get me? I really hope you do. There is nothing 'dirty' about 'innocent' sex. The terms you use should be powerful and emotive. What we call 'dirty talk' is in fact 'erotic communication'. It is appropriate to match the language to the act. If you want to cum hard, and have great sex, you have to liberate your *tongue* as well as your mind, and your cunt and/or cock.

And while the mechanical use of the tongue for licking and caressing your partner's body is of great value, it has at least an equal power to bestow sexual pleasure by being employed to verbalise certain sexy words.

And then there is the most crucial element of sexuality in longer-term relationships. The use of, and sharing of, the expression of, acceptance and validation of, each other's sexual fantasies.

Jealousy has no place in great sex. It is a passion killer! It ruins relationships. If you are insecure, then deal with your own insecurities. Get counseling. Do group therapy. Talk things over with your best friends. For it is a fact that your partner will want to have sex with other people, and will fantasize about it all the time, even while fucking you.

So get over yourself. Surely you want to fuck other people? Surely you have fantasies involving other people? And yet you don't just leave your partner because of them, do you? So why should your partner leave you for the same reasons? The reasons couples stay together are much more powerful than that a simple desire to fuck other people could possibly bring them to giving up a good relationship. So stop worrying. Start sharing.

Let your partner know what sort of dirty little fantasies you have about that new girl or guy at work. Let them know what you'd love to do with that receptionist at the dentist, or the delivery person, or that hot check-out chick or bank cashier! And in detail! Don't be vague. Vagueness isn't sexy. What is sexy is the details. The step by step, slow motion replay of your hottest fantasies. And what you will find is that the true intimacy of sharing such intimate secrets is a great turn-on in itself, and a great means of cementing relationships of trust, of forming really strong bonds with someone. Because you are putting your trust in them, and they are accepting and validating you, you will feel a very strong connection with them. And of course they will feel the same way when you accept and validate them. They will be nervous of being ridiculed. Worse, they will be terrified of being rejected and abandoned as a result of sharing a fantasy with you. So by being there, listening, accepting, and validating, you will be overcoming the greatest barrier to true intimacy, and you will be forging the strongest emotional bonds with your partner!

And this is where great sex makes the greatest demands of you. You will have to learn to get over yourself. You will have to learn to have a more open mind. You will have to overcome your own prejudices. You will have to become a better person. A bigger person. A more generous, tolerant, and accepting person. There is absolutely no place for judgments, let alone 'moral' judgments, in the sharing of sexual fantasies, or in the acting of them.

As such this area of sexuality is the most demanding, challenging, and rewarding. It provides the best therapy for couples, whether practiced alone or with a counselor. Our deepest fears and hopes are tied up in our sexual fantasies.

Oh, a little aside. Women will note how successful men are generally hornier than losers. Any particular success, even of their favorite soccer team, can provide their libido with a boost. So take advantage of this. Don't insist that you yourself, your body, and so on, should be the only source of sexual excitement. Don't be so damned jealous! And by all means, don't be a 'ball-breaker'. The last thing a man needs is to have a wife that criticises him,

and makes him feel like a failure. And the same goes for men and their women. Women and men alike need constant acceptance and validation, constant praise and encouragement. You have to make each other feel adequate, successful, competent, and thus accepted and approved of. If your partner hasn't had much of a sex drive lately, ask yourself whether you have been giving them the praise and support you should be giving them, the sort of praise and support you expect to receive. And if you feel you are not getting it, then communicate this fact to your partner.

And don't you dare NOT validate any emotion they express. This is not to say that you have to lie or pretend. What it means is that you have to accept that that is how they feel. Whether you feel it is warranted or not is not the issue here. The issue here is that your partner feels that you have received and understood their communication. You have heard them out. You have actively listened. You care enough to want to understand. You will suspend judgment until another time, if necessary. Right now you are listening, showing you are listening and taking it in, and are validating their feelings. You are showing that yes you can see that they are feeling a particular way about something. It is not about offering solutions. It is definitely NOT about challenging their RIGHT to feel that way. You have to let them know that you have 'got' it. That they have managed to communicate to you how they feel, and that you value their feelings. It is not about offering advice, judging, finding solutions, or even thinking about the problem. It is about LISTENING and ACCEPTING and VALIDATING the person. THE PERSON! THE FEELINGS! It has nothing to do with how right or wrong they are, or about how valid their arguments or position is. It is about saying yes, I hear you are feeling this way about this and I am taking it on board.

Often if you do this you will find that the emotional power that particular emotion had over your partner suddenly dissolves. Just because they got it off their chest, and you took it on board. Just because they got a chance to EX-press something. Everything that goes in must come out. Better it come out in this direct, productive way, than in some indirect, destructive way. Better to *express* than *repress*. Better to face your demons than lock them up where you can't keep an eye on them. For any psychologist and analyst knows that it requires much less psychic energy to deal with things openly and honestly, to express them, than to deny, repress, and try to avoid them. Everything that goes in will come out, one way or another. Have a look at society. Why do you think we have so much violence, rape, war, exploitation, hostility, malice, and destruction?

Whew. Pretty deep stuff, this FUCKING business! :) I bet you never expected it would be. But this is a real book about real people and real HOT SEX. This is a guide to **TROONATNOOR**, a handbook for the experience engine and the society you have inherited as part of your holistic inheritance. So it's gonna get deep. And penetrating. And sometimes really hard. Just like I know you LOVE it.

O.K. So there are lots of fantasies people have which are well documented. So let's take a brief look.

'Golden Showers' involve partners peeing on each other. Now remember that lots of rich successful people drink their own urine, so it can hardly be considered a health risk. They consider it in fact as a health 'tonic'. They capture urine 'mid-stream', that is, they first pee a little, to clear any bacteria picked up along the urethra, and then begin 'harvesting' their urine. They often have it served to them chilled in special 'Urine Cafes' or 'Pee bars'! Seriously! It contains anti-bodies and dead organisms which may encourage the body to produce anti-bodies. This is part of 'homeopathic medicine', which may not have scientific backers, but certainly has millions of 'true believers'. Fresh urine is sterile. In fact it has been used as an *anti-septic* for ages, to disinfect wounds and keep them sterile. Even today soldiers will be told to pee on open wounds if they cannot get immediate medical attention.

The sexual kick is clear. For it is a question of breaking a taboo. It is a question of intimate sharing, of being allowed to do something others are not allowed to do. That makes it special and 'bond' forming. What could be more intimate than letting your lover watch your pee, and then letting that hot golden liquid flow all over their body? It is both sensual and liberating. It is about as intimate as you can get with someone. It is the complete sharing of yourself, without limits or conditions. Now THAT is intimate. And intimacy is damned SEXY!

Some people like to have their partner pee into their open mouths. Perhaps try peeing on their back or stomach first, while in the bath-tub.

The smell is a real turn-on. It contains pheromones. It is the reason men love to sniff a girls panty crotch. The smell is basically sweat and urine. The actual 'pussy juices' or 'crotch cream' a.k.a 'crotch candy' doesn't really add much to the smell. Fresh sweat is really sexy. So don't use deodorants if you plan on having sex. Seriously. Have a shower before you go out and wear fresh clothes and underwear. But don't destroy your natural fragrance. It is delicious. I have often found myself going straight for a girls armpits, spontaneously, to smell her scent. And of course the smell of a pussy that has been allowed to sweat for a few hours is the biggest turn on, fragrance-wise. Which means wash your pussy in the shower in the morning, or a few hours before you want to fuck or make love. And have as many 'dirty' thoughts as you can to get your juices flowing. Then let the man take the initiative and stick his nose up your pantied crotch. He'll love it. And if you don't get it, then just accept it.

This is the thing. There is no 'reason' why anything should be sexy. It just is or isn't. And what one person finds really hot can leave another cold. Don't over-analyse. And during sex don't analyse at all. Just enjoy. Just validate. Just accept that such and such turns your partner on, and be happy for them. Be happy to have the chance to turn your partner on. There is no 'moral' or 'logical' reason why sex should feel good. It just does. So accept it. Take advantage of the opportunity it presents to add some life-affirming pleasure and satisfaction to the world!

Does your partner want you to pretend to be 'Daddy', or 'Sis' or 'Bro'? Go for it. You might be surprised at what sort of enlightening revelations you experience while acting out someone else's fantasy. There is nothing intrinsically wrong about wanting to fuck your mother, your father, your sister, your brother, or even your horse. There are no valid value judgments worth making once mutually informed consent has been given. Beyond that the only 'moral' or 'ethical' issues revolve around honesty and medical matters.

Of course your partner has a right to know if you have, or suspect you might have, any sort of sexually transmittable disease. And remember that condoms are only safe-*er* sex. Only mutual masturbation could be considered truly 'safe' sex in terms of diseases and contraception. Never rely on condoms as your only form of contraception. They are not that reliable.

On the issue of contraception. Here is what I, and many Nobel laureates have suggested as the ideal. Why use contraception for the 99.95 of times when you *don't* want to get pregnant, when you can use artificial insemination for the .0001% of times you *do* want to conceive? What we are suggesting is a law requiring that all males receive vasectomies upon reaching sexual maturity, after having several 'harvests' made of their healthy, youthful sperm. This would mean that all conceptions would have to be considered, deliberate, planned, and desired. This would eliminate almost all grounds for even considering abortions. It would eliminate all sorts of unwanted pregnancies, from rape, from anti-biotic use with the pill, or from condom breakage, leakage, or accidental removal. It would stop women who are abusing alcohol or other drugs, or smoking, from conceiving. It would eliminate all unwanted pregnancies and the suffering of parents and children alike as a consequence.

Of course the Church and all the beneficiaries of slavery, inequality, and misery, will scream aloud that our plans are diabolical! Imagine a society where every pregnancy was planned, desired, and appropriately resourced by the society. And I haven't even mentioned any eugenics considerations yet. This proposal would not interfere with most women's and men's rights to reproduce themselves. Of course ideally it would be used in conjunction with a eugenics program and the 'Eden Protocols' outlined in the **TROONATNOOR** series of books. But enough of that for now.

Anal sex is a common turn on for men and women alike. You get the kick of breaking a taboo. You get the kick of the sheer intimacy of putting or having a cock in someone else's most private part. It is more intimate than vaginal sex because it is less common. Of course you would take care to wash your anus carefully. Marilyn Monroe took regular 'colonic irrigations' before her sexual encounters with J.F.K, who got off on fucking the screen goddess up the arse. Women get off on it psychologically. Men apparently enjoy having their prostates massaged by the penetration and exit of the 'foreign object', be it dildo or penis. In fact this is one way that semen is harvested from many male animals, without any contact with the penis whatsoever. Anal sex has the advantage of requiring no contraception, but it also carries a higher risk of passing on STD's, such as H.I.V and hepatitis, as there is less natural lubrication of the colon than there is of the sexually aroused vagina, so more slight tearing and bleeding of the tissue is likely. Therefore use a lubricant. Or let him lube up nice and wet on your own pussy juices. Get them flowing just thinking about having his hot, pulsating cock up your arse!

And here's a point. I would never trust any supposed 'sexual self-help guide' that didn't use language like that. Anyone who writes about hot sex without using hot language probably doesn't have a clue what they are talking about. You don't ask for sexual advice from a vestal virgin!

Yes I mentioned 'female impotence', but I want to remind you that it is real. People keep going on about 'male impotence'. As a man it is irritating. I can't complain about 'female impotence'. Women act like all the problems are male! So. Oh. Yes, first night performance anxieties, and just being overwhelmed with the precious gift of a naked, soft, silky, warm female body right there next to you, almost too good to believe, wow, just overwhelming good luck, you just can't believe it...is often a source of 'first night impotence'. It is common in sensitive men who actually like women. So if you experience it, take it as a compliment and a good sign, rather than a sign of rejection. For most times the man will more than make up for it the next morning, or next time. And he will really appreciate you not making a big deal about it. Tell him that you are aware of such things being common, and that you have no doubts about his virility. Just relax and enjoy the cuddling, and look forward to his raging hard on the next time. For if you play your cards right, he will be so grateful and feel so confident about you that you will have endeared yourself to him more than you could imagine.

The secret to overcoming more lasting 'impotence' is to never put the man under pressure. Never let him feel he is obliged to 'perform'. Let him take the initiative in anything sexual. Don't take the initiative, as this will put him under pressure to perform. And don't even hint at anything sexual until he does. It's important that you let him 'take' you when he is ready. Let him accidentally see your pantied crotch, or your breast, or your inner thigh. Don't be obvious about it or look for a response. Just be passive, but available. Let him pursue you. Give him hints that you won't reject any advances, as subtly as you can. Be passive until he 'takes' you. Once you've gotten over any initial

impotence, it usually disappears for good, and then you can start being more sexually aggressive and demanding. But only after he is already hard.

Impotence is usually all in the head. It relates to stress, anxiety, and fear of failure, rejection, and abandonment. One problem is that once you have rejected a few advances of your partner, you may build up some resentment on their part. You may alienate them. So consider this before rejecting any sexual advances which you could easily accommodate. Don't risk trying to use sex as a weapon, as this will ultimately backfire against you. You may win some battles, and score some points, but you will ruin your sexual relationship, and produce long lasting resentments that will ultimately threaten your entire relationship. I'm not saying you should engage in unwanted sex. I am saying you have to avoid the temptation of punishing your partner, or manipulating them, via the withholding of sex.

One of the greatest assets in a relationship is generosity of spirit and goodwill. So if you don't feel like sex, put yourself in the place of your partner, and give them a quick blow-job, hand-job, or fingering. If they are aroused they will cum quickly enough. If you really care for them you will empathise with their emotions and satisfactions, and gain some satisfaction from theirs. If you don't, then probably you shouldn't be in a relationship with them, as you are denying them the most essential 'good' that you can experience. Let them find someone who really cares. They deserve that. You do too.

And not to be sexist, but men generally need more sexual relief than women. So don't judge what is reasonable for him based on your own needs. He will probably need sexual relief at least once a day at first, and later a few times a week. If you have much lower needs, then base your behavior on the partner with the highest sexual needs. This will mean engaging in sex that you don't really need, but which your partner does, in order to be a good partner, for their sake, and for the sake of your relationship. Remember a relationship is something you have to keep alive with daily generosity of spirit, mutual caring and sharing, good-will, generosity, and openness.

It should be enough for each of you that the other takes time to listen to you, does little things to please you, comforts you when you need comforting, gives you support when you feel weak, believes in you when other people don't, gives you encouragement to try to fulfill your dreams and ambitions, and helps you in your quest to realise the ideal self you aspire to become, while not making any of their affection dependent on you succeeding, and not demanding anything of you except yourself.

The song 'What have you done for me lately' and parts of the movie 'Waiting to exhale' more or less illustrate the worst in relationships. They show women expecting material benefits from their partners. This is no less prostitution than the sex worker expecting to be paid. Only the sex worker never seeks to deceive their client. Their relationship is transparent, honest, and open. If you expect your partner to pay for the privilege of giving you sexual pleasure, then you should draw up a written contract, explaining what you are prepared to offer and what you expect in return. That way everything is out in the open. That would be the ideal. But I guess few men would give their informed consent to marriage in this case.

I once joked that the only people who *complain* that all women are prostitutes, are the men who can't afford to pay (for all rich men would be ecstatic if *all* women were whores), and women who are not appealing enough to attract any clients (in which case it is simply envy).

Oh, while on the topic of 'phonies', consider the lyrics of U2's 'Bono' (no, he is not a porn star, though I am sure there must be one called 'bone-oh' by now). 'What you don't have you don't need it now' and 'Well tonight thank god it's them, instead of you'. The first is a huge slap in the face of all those people in desperate need. The second just leaves me wondering how Jesus, the character, and the potential real-life wandering philosopher prophet that biblical character is based on, would respond to such a sentiment. 'Thank you lord for torturing other people instead of me!' Remember John Lennon was a big phony, living in luxury and selling records about love and an ideal world with 'no possessions'. And George Harrison 'I sing for the poor, but my millions I'm keeping, while my guitar gently weeps' (at his hypocrisy). And such romantic song-writers as Phil Collins who believe in their lyrics about love

so much that they get married, over and over and over and over. I mean they are so committed to endless love that they just can't help themselves!

O.K. So I got that off my chest. I wonder if women have any idea of the violence they do to their partners by expecting to be paid for sex and affection, one way or another. Remember everything that goes in has to come out, one way or another. Think about all the forms of violence in society, from ruthless exploitation to direct physical violence.

D.H. Lawrence's novels are full of the seething hatred of men and women for each other that is just simmering beneath the surface, waiting to explode into a rage of violence. Men resent women with-holding sex and affection from them unless they will submit to becoming their slaves. So many people can only love someone once they are sure that they possess them as their own 'objects'. We all love the means to our own pleasure and relief. We love all the objects we own, as they provide us with satisfactions. We love them as means to our own ends. And most human relationships function along the same lines. Marriage is property. Marriage law is property law. Marriage is a form of slavery.

And the thing is, if people were honest about what they demand of each other, they would be much more sober about the whole proposition. If couples openly expressed what they expect of marriage, and expect of each other, I doubt there would be many marriages.

But here's the thing many authors have noted. The main reason people enter into such a contract as marriage is 'duress'. Now in most cases a contract entered into under 'duress', meaning some sort of force, coercion or pressure, is considered null and void. But think about the man desperately in lust and/or love with a woman, who makes it clear that the only way he will get to satisfy his desperate desires is by consenting to marriage. It is the equivalent of withholding food and water. Surely this is 'pink-mail', the love-sex equivalent of 'blackmail'.

Women might think it amusing, but it is a form of violence. No less provocative than men smugly joking about rape. And remember every bit of violence that your experience becomes 'impressed' upon you, and must become 'ex-pressed' at some point, in some way. Whether it is the violence of exploitation in the labor market, which is expressed in vandalism, street violence, and crime, or the violence of exploiting desires and emotions, which will later be expressed in hatred towards the opposite sex in general, the situation is the same.

My point would be that you may get what you want in the short term via deception and cunning, but you will pay for it in the longer term. If you want an emotionally satisfying and fulfilling relationship, then be honest, transparent, and fair to your partner. This is the way that you will sow the seeds of loyalty and form genuinely strong emotional bonds. And you will contribute to the overall peace and harmony of society at the same time.

So don't use sex as a means towards non-sexual ends, unless you are a sex worker, and make no attempts to deceive your clients to the contrary. Don't force men to pay for sex, and then later complain when the relationship breaks down as the repressed hostility he feels for be so badly used expresses itself. In the short-term he will kid himself that he didn't mind paying. But once the initial euphoria of getting what he wanted wears off, this latent hostility and anger will boil to the surface. It usually takes 6 to 36 months for the first to occur, and within 3 years you see the later. And then it is just a question of battling it out until the inevitable divorce in around 5 years.

And that's not the worst of it. Women seem to desire children the same way men desire success, fast cars, and hot sex. But it is worse. Women enjoy / suffer from that 'co-dependency' thing. They desire to have someone dependent on them as a sort of insurance policy against being lonely and unloved. This desire to keep someone dependent on them leads to all sorts of problems. In the same way that guilt about sexual feelings can lead some girls to anorexia, as a way of punishing themselves, lots of children become obese at an early age, and then are 'mothered to death' in the same fashion as adults.

Nothing endures unless it is reproduced. All undesirable things fade into oblivion over time, unless they are re-produced. This applies to all human qualities, characteristics, and genes, and to social systems, laws, and beliefs.

The thing is, most women's desire to have babies, which I can completely empathise with, I mean they are gorgeous, bubbly, happy, cheerful, playful little bundles of joy (until they grow up!), over-rides any consideration of

the babies interests. They are thinking about their own desires when they have babies. They are not thinking about this future-person's best interests. For if they did, most women would not re-produce *themselves* and *their own* conditions and situations.

If you were to consider the interests of your not-yet-conceived babies, you would probably decide they would be best served by inheriting someone *else's* genes, and general situation and condition. Now *that* would be unconditional love.

Mothers conventionally are said to have a supposed *unconditional* love for their child. But as it is based on the condition that the child is *theirs*, it is by definition *conditional*. An implicit contradiction. An absurd *non-word*.

O.K. So. I am asking you to consider the interests of your future children over your own selfish desires. Ensure they have the best holistic inheritance our society can offer them. This will include the best genetic inheritance. This will exclude most of you from reproducing yourselves. But the real 'baby bonus' would be that you will be more or less ensured that your child will not disappoint you. It will be beautiful, intelligent, and healthy. Imagine the health care cost savings to the society! And if you gave your informed consent to the other measures contained in 'The Eden Protocols', then you would be ensured that your child would have equal access to all the other resources required to ensure they have a the same chances at happiness and a good life that every other child would have. At the moment only a few lucky children are born with the sort of holistic inheritance that is likely to facilitate them realising their full potential for happiness and productivity.

And here's another thing that you're gonna find a bit demanding. You have to accept that your children are sexual creatures. This doesn't make them any less innocent. Sexual lust is perfectly innocent. It is only society that has corrupted it. It is only when it is used as a means to an end that it becomes 'dirty'.

It is a fact that fetuses can be seen masturbating in the womb. They are sexual creatures from the start. So deal with it. Encourage them to explore their own sexuality while teaching them how to manage it when interacting with others. It is a form of violence to make children ashamed of their sexuality. It is child abuse. Fact. So we will need to learn how to deal with sexuality. How to teach a child the facts without pushing them to develop any faster than they themselves chose to. How to make materials available to them for self-paced learning. How to deal cheerfully and appropriately with issues such as masturbation, for example when a child appears to be masturbating in public. Teach the child that, like picking your nose, there are some things that are perfectly good and natural, but which we don't generally do in public, as it can make some people uncomfortable.

Of course there are so many other skills required of a competent parent, which most people have never been taught. Too few parents are naturally gifted, talented, or lucky enough to have children that never require competent parenting, being of such intelligent, good natures that they never require 'parenting' as such, other than the provision of love, affection, acceptance, approval, praise, and adequate nutrition, clothing and shelter. I have dealt with the sort of issues television shows like 'The Nanny' deal with, elsewhere in my books. But needless to say, one precondition of becoming a parent should be adequate training and preparation. And then continual support. And as all this is expensive, and many parents will never master the basics, this would exclude most people from becoming parents.

But in compensation, they will be able to interact with children and babies as care givers, teachers, coaches, and the like. In an ideal world children would be free to be loved and to love anyone they chose. They would not be the 'property' of parents jealous of their affections and co-dependency. This will mean that after appropriate training and vetting, and with appropriate supervision and monitoring, those people who simply adore gorgeous little babies and children will be able to get their fill of loving and caring for the darling creatures. And this will not be limited to the one or two they might normally get to enjoy. There would be no limits. For once the notion of 'ownership' is overcome, and people stop limiting their child's access to love and affection, by jealously demanding that they themselves be the exclusive source of it, there will be an abundance of opportunities for loving children, and for children to be loved, adored, and cherished.

It is that old thing about 'can you love what you can't own'. It is that thing about 'beasts in gilded cages'. O.K. First. It is an act of violence to keep anything in a cage. Especially if it has wings. What could be crueler? But

even people, without wings, hardly thrive in cages. So get over your co-dependency issues. Get therapy. Under 'The Eden Protocols' everyone would have access to therapy on a regular basis, and be expected to actively participate in their own self-development.

Learn to manage your jealousy. Jealousy is not wanted others to have what you have. To enjoy what you enjoy. To be as happy as you are. Envy is when you want what someone else has, and resent them having it and not you. Happiness, sadly, seems more related to having more than others, than it is about what you actually have, in absolute terms. That is why it is impossible to *maintain* happiness. Once you have more than others you are happy. Until of course someone else has more success, gets a pay rise, buys a newer car, marries a prettier girl, catches a richer husband, sells more books than you, or is simply younger and more beautiful than you by virtue of you getting older.

Do you see something emerging here? A clue? Some enlightening sparks of light in the darkness? And maybe a warning?

Yes. You see, habituation means that the longer you get to enjoy a thing, the less enjoyment or pleasure it can produce in you. It is the nature of our nervous system. So private ownership of things can only produce momentary pleasure. Do you get it? And then happiness is based on never having anything to be jealous of in others. And how likely are you to be able to sustain that condition? Whereas if you give up your jealousy, and share in the enjoyment of goods, you won't become habituated, and you won't end up with lots of possessions that bring you no real satisfaction.

O.K. So that leaves envy. Wanting what others have. But that is much easier to manage than jealousy. Jealousy requires you to have more than others. Envy at least is limited to having just as much as others. So already you are ahead! And then if we share more things, then everyone will get to enjoy them. And so we are well on our way to conquering envy. Exclusive ownership and enjoyment of anything, from babies to cars, produces scarcity, whereas sharing of things produces abundance. And after all most conflict is a question of competition for scarce resources. Babies, love, money, education, water, food, opportunities, access to credit, all these things are resources. When we share them we enjoy abundance. When we try to monopolise them selfishly, keeping them exclusive, we get scarcity, competition, conflict, war, and all sorts of forms of violence.

In the process we have dealt with the bane of 'habituation', which Buddha noted was the curse of eternal dissatisfaction with life. Abundance will reduce our 'attachment' to particular objects. When they are in deficit, we are anxious about losing them. As we are sure to lose them sooner or later, we are doomed to suffering the pain of their loss. But when there is abundance, we are no longer anxious. We are confident of being able to replace anything, and thus we can be more relaxed and actually enjoy the things.

We will no longer *need* to keep those things we love locked up in safes, in cages, in houses, in contracts, as our exclusive possessions. We will be comfortable in sharing them with others. We will be sure to be able to replace them if they chose to wander off somewhere else. We will have no need to worry. We won't have to fear being rejected, abandoned, and left alone, without love, without shelter, without new opportunities for happiness and satisfaction.

If you can only love your slave, while it is legally *your* property, from *your* cat, to *your* car, to *your* child, to *your* lover, to *yourself*, then you need therapy. We all do. The whole world needs to learn a lot of things before we are going to have any chance of living in a world that is worth reproducing, a world in which each life is *worth* living. We have to get over this insecurity and selfishness. This *scarcity* of love, opportunity, and satisfaction.

And so the first thing we have to eliminate is slavery. We have to eliminate the *ownership* of sentient living things, whether animals, not-yet-people (fetuses), our children, our lovers, or our partners. We have to define all sentient beings as legal entities with their own inviolable legal rights which will be protected by society.

While each of us offers benefits to others, as means to each other's wellbeing and happiness, we must be legally defined as ends in ourselves. Thus we will all become subjects rather than objects. We may volunteer to act as the means to each other's ends, but no one shall have the right to insist on using us as means to their ends without our informed consent.

Animals will give their 'informed consent' in the following way. Their cages will be opened. Gates will be left open. They will have the choice to stay somewhere or leave. If they appear keen to leave, to *not* be experimented upon, *not* to be eaten or skinned, *not* to be locked up in fields, concrete boxes, or yards, if they leave when the doors are opened, then we will assume they are *withholding* their consent. We must grant every sentient being the right to informed *dis*-sent, as well as informed consent. It will then be up to us to entice them back with a more favorable 'social contract' than we were forced to offer them back in the days when they had no legal rights, and no protection from unscrupulous, ruthless, merciless people!

Freedom. Freedom to. Freedom from. But free will?

Now here's the thing. You see you've inherited, as part of your holistic inheritance, a bunch of conflicting, often mutually exclusive, and mutually incompatible, desires and impulses. You have the desire to rape, but don't want to be raped. You want to steal, but don't want others to steal from you. You want to kill, but you don't want to be killed. You want security, but you also want adventure. You want to exploit others, but you don't want them to exploit you. You want a permanent relationship with someone you can rely on to be there for you, but you don't want to have to commit yourself, or sacrifice the chance to take advantage of opportunities for random hot sex.

And here's the thing. Most people make so many mistakes when it comes to thinking about freedom. The first one is to confuse the freedom to *act on* your will, with free will *per se*. You see you don't get to choose *what* you want. You don't get to choose *what* you will. This is where your freedom ends. And this is why you don't have free will at all.

And the *second* mistake we now come to is related to the first. People assume that they free to choose *not* to act on their desire, and thus they at least possess a free *won't*. But this 'free *won't*' is as much an illusion as free '*will*' is.

Often we chose to err on the side of caution, security, and safety. We sacrifice the potential pleasures available for fear of the costs and consequences associated with actively pursuing them. We imagine ourselves to be flexing our free will in the form of exercising a 'free *won't*', but all that we are doing is really submitting to the dominant will or desire for security and safety. It is therefore not really a question of having exercised a *free won't*, and thus some form of free will. It is simply a question of which of our inherited wills, desires, or impulses are the strongest, most dominant, most compelling. It is this dominant will that ultimately presents itself to our consciousness as our will.

But as Hume and Freud remind us, our conscious mind is merely the perceiver of a will that is produced in the unconscious part of our mind. We are unaware of most of the 'reckoning' that goes on in our minds. All we become aware of is the outcome. The process eludes our conscious analysis. We can only deduce it from its products. And so the product of our minds non-conscious reckonings, calculations, and computations, is perceived by us. We become conscious of this final product. This will. We then own it as our own. We claim it as our own.

We imagine all sorts of explanations for our actions, and define them as reality, as facts. We construct 'narratives' to account for our 'wills' and our actions. However we are really the puppets of this experience engine we have inherited. We are it's slaves. But this is a necessary pre-requisite to any true 'experience', and nothing to be upset about.

Freud and Hume remind us that our conscious minds are merely sense organs for the products of the greater, unconscious parts of our minds. We smell, taste, see, hear, and perceive stimuli that produce the ultimate 'experience' that we came here for. Our wills are in this way no different from these other sense perceptions. We perceive colors, sounds, and smells, and wills. The only difference is that we 'own' our wills, whereas we are happy to accept that smells, sights, and sounds are out of our control. They are external to us. We *experience* them.

Well it is now time for us to relate to our own wills in the same way. To experience them as something external to *US*. Which will lead to the question of what *is* this 'us'. And to answer this question simply, we are the potential for awareness, perception, and experience. We are not these bodies or these 'selves' that we inherit. We are merely a neutral capacity to be aware of something. And the thing we are currently aware of being is this 'self' that we have inherited. So it is time to start thinking and talking about 'this-self' rather than 'my-self' to avoid confusion. For this self is no different to 'my nose, my feet, and my hair'. My 'self' is just a think I possess in the same way as I possess the rest of my bodily organs and limbs. It does not define me any more than my eye color does.

As 'potentials for awareness' we are all equal. We are all neutral. We have no properties. Only the experience engines which are these 'selves' that we experience being, have any properties. But they do not belong to our true nature any more than our house or car does. We possess the house or car. But we only fear losing them when we become too attached to them. They can easily be replaced. And we should remember the same thing about our 'selves'. Life is abundant. It emerges spontaneously and in surplus. So stop worrying about your 'self'. If the one you inherited sucks, then abandon it like you would an old car. Leave it by the side of the road and go get a new one.

Oh, but before you do, maybe you'd want to ensure that the new models they are building are well-built, and worth 'owning' next time around. What I am talking about is Eugenics. Surely you want to have a say in what sort of 'self' you are likely to inherit next time around? Surely you have a right to have your interests considered? Surely you should put pressure on the manufacturers, the would-be-parents, to ensure that next year's model has all the possible improvements, and has done away with all the current models faults?

To recap. You will always end up acting upon, realising, and satisfying, the will, desire, or impulse that is dominant, most powerful, and exerting the greatest influence upon you, at any particular moment. So, to be clear. You have no free will. You have the *illusion* of free will when you get to *act* upon your will, desire, or impulse, the dominant desire that is finally expressed to your conscious mind *as* your desire. However you can't choose what you will, desire, want, or feel like doing.

Try to experience an authentic lust for something your usually find repulsive. Try to crave dog-shit as much as you crave chocolate or beer. Try to fall in love with a dirty public toilet. Try to feel romantic love for a stinking, ugly, obnoxious homeless old man. Can you see what I am getting at? You don't get to choose what you want. The most freedom you can ever have is to get to act upon your desires. To be able to satisfy your desires. To 'have your will be done'.

Here's the thing. You are the taxi driver in this experience engine you have inherited. It is your genes and other parts of your holistic inheritance, all the things that you have inherited by virtue of being this self that you are right now, that determine where you are going. And then the society, the road rules, the roads, traffic lights, police, and all that, will determine what route you take, how fast you travel, and so on. You see the taxi-driver does all the thinking about how to get where it has to go, but it doesn't determine the destination.

The conscious reasoning element in your self is merely this taxi driver. It is aware of all the feedback from the road, other drivers, and the passengers in the back seat. It consciously negotiates its way to the destination that the passenger has given it. In this case there are multiple passengers. And they all want to go different places. And so the one who offers the greatest tips, the greatest rewards, who can provide the greatest incentive and thus motivation, will be satisfied first. The one who offers a massive full-body orgasm, or a huge monetary payment, is likely to be the one you ultimately listen to.

One passenger wants you to drive safely, cautiously, and with due care for the safety of the passengers in the other cars. This is the considerate, conscientious 'conscience' or 'Super-Ego'. Others don't give a damn about anyone else but themselves. They want to get from A to B as fast as possible, and damn the consequences. This is your selfish, impulsive, '*Id*'. In between these extreme passengers sits another who wants to get from A to B as fast as possible, but in one piece. It tries to 'manage' the *Id*, getting it to be a bit more reasonable, and to moderate its impulses. All the while the super-ego is going on and on about 'doing the right thing' and 'being a nice guy' and all that. But if you listened to it, you'd just stay safe and sound at A. You'd never get anywhere. That would be very safe, but not very satisfying.

In some of you, the Super-ego usually gains the upper hand. You are neurotic and anxious. You are too worried about possible risks to do *anything*. However in most people the ego manages to moderate the demands of the *Id*, most of the time. And so the driver, the final will, is told to get from A to B as fast as is possible without taking too many risks.

A few of you will have absolutely no impulse control at all. The Id will dominate. It will tell the driver to simply 'put your foot down', without any consideration for risks to itself, or to others. This usually results in both the taxi-driver and lots of other people getting hurt.

When it comes to life, you will see most people considering the costs and benefits of acting upon each particular impulse, desire, or will. They will weigh up the pros and cons of acting on a particular desire, in terms of the opportunity costs. For usually acting on one desire means you don't get to satisfy the others. You can't expect your partner be committed to you, if you spend most nights fucking strangers. You can only spend a dollar once. Your genitals demand satisfaction. So does your stomach. So does your car finance company. Now you can't pay for a quick fuck, go to a nice restaurant, and still get your car repayments in on time, unless you are really rich.

Which is why the ideal holistic inheritance includes lots of money. But most of you lucked out and were born poor. So the opportunity costs of satisfying one desire are always going to be high. For the lucky few among you, the opportunity costs are low. You can't fuck and eat and drive at the same time. That is about the limit of your problem. But for most of us, we can only satisfy a few of our desires. As soon as we have spent the money on satisfying one desire, the others are doomed to suffer frustration.

Everyone, under similar conditions, defined by their holistic inheritances, of intelligence, income, health, sex appeal, beauty, talent, wealth, educational opportunities, employment opportunities, health care, nationality, character, personality, and so on, will obviously behave the same way, will respond exactly the same way to the same stimuli. And don't forget that we inherit these stimuli too. They are not of our own making. We didn't make the world we inherited, and have to live in. We didn't get to choose our parents, our enemies, our opportunities. We don't get to choose how we are going to respond to the situations we inherit any more than we got to choose these situations themselves.

Well that is so obvious. But you see few people ever take the time to consider it, as we have just done. And those who do are in a bind. For everyone else imagines that they have free will. Just try getting someone to go through what we just have. No. Too busy. Not interested. For they all know, with certainty that they have free will. They could not for one moment even *imagine* not having free will. They define themselves by the notion of having free will. Their whole world would collapse if for one moment they had to realise they had no free will. It would be like going from freedom to slavery. You'd be going to bed a free person, and waking up slaves to a master called WILL.

And think about it. How on earth could you justify punishing criminals if we have *no* free will? If their actions are determined by their holistic inheritance, by their inherited genes, socio-economic-status, education, and particular experiences and situation, then how on earth can we be *justified* in punishing them for their actions? It would be unfair. It would be unjust. It would be 'morally' wrong. And that *is* the current situation our legal justice system faces. For centuries now the problematic nature of legal justice, in the face of determinism, the *absence* of free will, has been clear.

And the same problem exists in relationship to 'meritocracy'. To reward someone for something they inherited, say blue eyes, and would be considered absurd. But in reality when we reward our high achievers for being high achievers, we are simply rewarding them for having been lucky enough to have drawn a really good number in the lottery of holistic inheritances. They

inherited genes, parents, socio-economic statuses, educations, nationalities, war or peace, talents, abilities, intelligences, and opportunities to exploit them and therefore 'motivation', 'ambition', and finally, as a consequence of inheriting all the conditions and qualities favorable to success, success itself.

You'll probably have to go back and read over these last few chapters. They so fly in the face of things you have taken for granted that you'll be in shock. Surely you have missed something? Surely there is some flaw in my argument? Well go and read up on the full background to this in the **TROONATNOOR** book series. You will see how modern neuro-science, genetics, and social research support these arguments 100%.

So before you feel any pride or shame for any of your past actions, think again. You have about as much reason for pride or shame for being in prison as you might have for being born with brown eyes.

This raises a hell of a lot of issues to do with legal justice, and social justice. But never your mind. You see the people who *did* draw the best numbers in the holistic inheritance lottery, the *beneficiaries* of the current social system, have no current motives to blow the whistle on this situation. Why should they? They are the beneficiaries. And even the *victims* don't like the idea of determinism. It bruises their egos. They want to imagine they have free will. They want to imagine they have a right to judge and hate other people, and to feel superior to them.

So very few people at all are aware of the facts, and even fewer have any interest or motivation in enlightening the rest. When you consider how most attempts at enlightening people about the facts of reality usually end up quite painful and costly for the messenger, you won't be surprised that most people will still insist that they have free will.

And think of the motives religion has for denying determinism, and insisting on free will. I mean, what would Karma be without free will? What would God be? A real sadistic, vicious bastard! Well I guess Mohamed can live with that, given that *he* at least admits, in the Koran, that the faithful that they have no grounds for pride or shame, as everything is *God's* will. Dio Culpa!

Put simply, at the end of the day, people *want* free will to exist. They *want* to imagine their wills are free. They want to imagine they are in fact the driver of a private car, and not just some taxi-driver.

All humans make up stories for themselves to explain their actions. The taxi-driver, having let out his passengers, finds themselves at some place. Having denied they are anything but a private driver, they are left to construct a 'narrative' about how they ended up there. *Why* did they drive from A to B? And so their minds provide some 'story' to justify having driven from A to B of their own free will. Ah, see, *the beach*. I must have been hot, and felt like a swim. And so the taxi-driver parks their taxi, and goes for a swim. In this way he retains his imaginary free will. In this way his mind makes sense of his actions, consistent with its desire to be 'free'. And if it doesn't really like swimming, it will insist to itself that it does, just to avoid the discomforting facts of determinism, and the *absence* of free will. It would rather put up with an undesired swim in the ocean, and all that pesky sand, than have to face up to the facts. This is called DENIAL.

And neuro-scientists can prove this for you any day of the week. One part of the brain does not know what the other parts are doing. When you tell one part to do something, the part that is ignorant of these real reasons for the body having performed some action will pretend *it* had decided of its own volition to perform that action. It will make up some reasonably plausible reason to explain why it did it. But this will have nothing to do with the *real* reason the body acted as it did. See the **TROONATNOOR** book series for precise details about this sort of research. I bet it will surprise you just how definite the science is about the absence of free will. No ifs or buts. No room for argument. Just incontrovertible, reliable, compelling FACTS!

Just to recap. Genuine free will *would* be the ability to decide *what* you want, desire, or will. You would be free to authentically desire eating your own head, fucking gravel, eating dog-shit, and loving your neighbor as you do yourself! You would be able to desire to value the interests of others as equal to your own. You would be able to choose to *enjoy* having your genitals eaten by wild horses.

And when you think about it for some time, you will see that it would have been impossible to produce a 'game' for 'experience engines' to 'play', if you gave those experience engines free will. A cost has to be offset by a benefit. A point scored by a point ceded. A battle won by a battle lost. The satisfaction of success offset by the dissatisfaction of failure. If you could win every time, just by choosing to, or if you could decide to enjoy losing as much as winning, where would the incentive be to even play? And how could you hold your opponents to the rules? Why wouldn't they cheat, if they could? Keep thinking about it and you'll see that there was no way to make this 'experience engine' a real 'experience' if you allowed it free will.

If you were to allow each actor free will, they would end up living in their own universes. For would you bother sharing one with someone who constantly challenged YOUR decisions. Remember if you BOTH had free

will, then this is what it would amount to. There'd be no common ground on which you could neutrally interact. Now how interesting would *that* be? You'd get to play with yourself all day. Talk to yourself all day. And sooner or later you'd be bored with yourself. Right? There'd be no adventure, nothing to learn, no new things to experience, no challenges, and no mysteries. What sort of 'experience' would it be? You'd spend all day complaining about how unreasonable everyone ELSE was in insisting that THEIR will be done. It'd be like children who miss out on games because they won't submit to the rules of the games, or can't agree on them.

The Social Contract: sacrificing freedoms to in return for freedoms from

All this talk of 'freedom' of course brings us to the question of 'The Social Contract'. Now I bet you don't remember ever having signed such a contract, right? Well here's the thing. You give up your freedom TO rape, murder, and steal from others, in return for a freedom FROM others raping, murdering, or stealing from you. This is all that the Social Contract is. You sacrifice freedoms *to*, in return for freedoms *from*. In the absence of such 'Social Contracts' which are the basis of 'Society', natural rights remain in force. Natural justice is defined exclusively by 'might is right'. In a condition of nature you are free to do as you please, but so are *others*. You have the freedom TO, but have no freedom FROM. Thus you risk being raped, having all your stuff stolen, and being murdered. So really, there is hardly anyone who will question that 'Society', as defined by this 'Social Contract' is desirable.

When Freud considers the costs of 'society', and the 'dis-satisfactions' associated with it, he is really just lamenting all the satisfactions we have forgone, in return for greater security, and freedom FROM rape, murder, theft, and so on. Sure, we are denied the right to satisfy many of our impulses and desires. But we receive many compensations in return. 'Society' makes *trade* possible. We considered elsewhere that 'surpluses' only become valuable in the presence of markets, the chance to trade what you don't need or want for what you do. And I think most people think the loss of the freedom TO rape, is more than compensated for by the freedom FROM being the victim of rape. And the same goes for all forms of violence.

Oh. And none of you are 'noble savages'. Nope. Not a one. Under the right stresses, pressures, strains, and conditions, you would definitely end up at least killing, or stealing, or raping, or harming other people. Consider how many people would speed if the police didn't enforce speed laws and punish offenders. How many people would smoke around others if it was up themselves to decide? We have laws and policing because people need incentives to do the right thing by others. We call them 'deterrents'. People are motivated by pleasure and relief, real and imagined, actual and expected, hoped for and feared. All final 'wills' are the result of conscious and non-conscious cost-benefit analyses. We can influence these 'reckonings' by adding external costs or benefits, deterrents and incentives. And so this is the logic of punishments, fines, and 'shaming'.

We need to have our freedom FROMS *protected*. Most people will otherwise define themselves as exceptions to the rule, and assert their freedoms TO, despite the law, and the social contract. In fact most people would love to have the social contract enforced *unilaterally*. They will try to insist that the rules apply only to others. They would, given the chance, steal from others, and then revert to the law to have their newly ill-won possessions protected by the police. Most people will easily find reasons why *their* behavior is exceptional, why they represent special cases, and deserve special treatment. They will easily invent justifications for their own actions, while condemning the very same actions when committed by others. They had 'ameliorating circumstances' and were under 'extreme' pressure. They will account themselves as free of the usual responsibilities and accountabilities that others are accountable to. Why? Well simply because *they* are special. Surely you can relate to *that* feeling?

How to win friends, influence people, and accumulate employ wealth and power

So. Yes. I promised you this guide would explain how to become successful, rich, and powerful. And I guess we are talking about his particular life you have inherited. For more importantly, to ensure that your *next* lives will be pleasurable, rewarding, satisfying, interesting experiences, you should be sure to ensure that 'The Eden Protocols' outlined in the **TROONATNOOR** series of books is implemented. But that aside for the moment, let's face on this actual, present life. It may only be a blink in the eye of eternity, but until you comprehend the rest of this book you're probably going to be focused on it. And you're gonna be pissed at me if I fail to deliver on my promises. So here goes.

We are all motivated by pleasure and relief. Relief from pain or discomfort. We hope for pleasure, and fear pain. We are frustrated by anything that frustrates our satisfaction of our desires. So we seek power to ensure that we can overcome any obstacles to our desires. We see wealth as it is the universal good that can be exchanged for any other good or service. In other words we can exchange it for pleasure and relief.

People will like you if they come to associate you with their *own* pleasure or relief. They will grant you power if they think that by doing so they are serving their own interests. So never run for political office on the platform of being 'incorruptible'. For then no-one will vote for you. They *want* you to be corruptible. They want to corrupt you. They want to corrupt you to being biased in their favor. They want you to promote their own interests. They expect you to use any power they help you attain to their ends.

You see you only get power, which is basically the means to *your* own ends, by *appearing* to be the means to *others* ends. All the Germans thought they were using Hitler to their own ends. They underestimated him. Same goes for Napoleon. The people who gave them power imagined they were using *them*. That is always the case in democracies. People don't vote for candidates who offer to promote justice for all. They vote for candidates who will actively pursue justice for *them*. No-one is interested in justice. Everyone is for themselves. Everyone *wants* inequality. When you hear people calling for greater equality, they are only demanding that no one should be allowed to have more than themselves. No-one ever gave up a privilege or advantage in the name of equality. They are just envious of those with more than themselves. So keep this in mind. Don't scare of potential supporters by appearing to be genuinely concerned with justice and equality. But always frame the interests of your potential voters in the terms of justice and equality. For what it means to them is that the injustices they perceive themselves to be victims of will be addressed, and those who have more than themselves will be made to share it with them. Remember this whenever you talk about justice and equality. Then you will be able to sound really nice to all the poor folk, while not alienating the middle classes. In this way you only have to worry about the rich. And they are a small minority. You only need around half the votes to win. So you're off to a good start.

And of course in private you will meet with all the lobby groups and ensure them that you are 'their' man/woman. You will accept secret campaign finance contributions and 'slush fund' contributions. This will set you up for after you leave office. That is when the true money comes in. Then big businesses, and any lobby group you supported, will pay you millions for 'guest lectures', 'consultancies' and the like. It is all completely legal. And when you consider George Bush Jnr, well it is clear that he isn't the greatest brain in the world, so people didn't pay him all that money for his views or ideas! You can then sell your 'inside knowledge' gained during your time in office to become a lobbyist yourself. You are sure to get rich quicker than you could imagine.

Oh, so don't worry about party ideology. What you do is look for a 'seat' that you think you can represent, and then find out what sort of issues interest those voters. Then simply pretend to be interested in those issues yourself.

Or set up an investment fund. No brokers have ever out-performed a bunch of monkeys in the long run. In other words you could chose shares randomly, and still sometimes beat the 'benchmarks' you set some quarters. And in the long run it doesn't matter, as long as you were diversified in 20 or more companies. Then you charge 1% annual fees plus brokerage fees. So you get to keep 1%. And you will attract lots of investors as most of the funds charge 2%. Keep your overheads low. No need for stock-brokers and expensive suits. Monkeys do just as well. In other words just pick 25 big companies in different sectors, then buy their shares. Then hold them. Don't try to outsmart the market. You might succeed a few times, but then the other times you'll lose. And you could even do worse, and lose each time. So don't try to be too smart. Remember if you fail, because the markets are bad, it won't matter, as long as you only fail as much as everyone else. The problem arises when you try to be better, and end up doing worse, which is usually the case. As no-one has ever managed to predict market movements again and again. The times they are lucky, they take credit, and make up wonderful stories about how they did it, and all the other times they blame the markets. It's all bullshit. A lot of rich people's kids who don't have the brains to actually produce anything of value get their parents to back them into setting up banks and brokerages. They pay themselves loads of money. O.K. Some believe they can actually 'work' the markets, and spend all day in front of computer screens, with specialised software and analysis. But really it is a big con.

Whatever you do, you have to get people to like you. You do this in several ways. Always remember their name. Always repeat what they say to you back to them. In fact if you work for tips, simply by repeating back to your customer their order, or their request, in their own words, you can increase your tips by 100%. This has been scientifically proven. So if you are in the service sector, try it.

Use mirroring techniques to get people to like you, trust you, and feel positive about you. You simply, casually and subtly mimic their body posture, as if you were their mirror image. Validate their emotions. If they are pissed off, then you be pissed off too, at whatever they are pissed off at. Even if it is you or your company. Begin by leaning towards them and really listening. Repeat some of their own sentences back to them so that they really feel you are listening and validating them. This will calm them down. And then find something to agree on. The weather will do. Or the recent soccer match. Anything. And then start subtly changing your body posture into a positive, open one. Start being more positive about yourself or your company. Go from angry, arms closed across chest, to arms outstretched, smiling and positive. And because you have mimicked them, they will unconsciously begin to mimic you. And so you have used 'mirroring and leading' techniques to change their attitude from defensive and negative to open and positive.

Don't waste your money on Neuro-Linguistic-Programming courses. They will tell you what I just did, plus some things about what are called 'accessing cues' which were discovered by cognitive scientists years ago. The rest is rubbish. Expensive rubbish! O.K. So the term 'accessing cues' refers to clues in a person's facial gestures and body language which can tell you what they are really thinking and feeling.

If people touch their nose or cover their mouths in any sort of gesture, it could be a clue that they are lying. Now telling the truth is a matter of recalling things that happened. When people are recalling actual events, they tend to look up and to the right. If they do this, it indicates they are being honest. When they are 'constructing' lies, dissembling, and making stuff up, they tend to look down to the right. When they look to the left they are thinking about what you are saying. Otherwise you can assume they are just giving you pre-prepared answers, and haven't really been taking what you have been saying in. Learn as much about 'accessing cues' and 'mirroring and leading' as you can. But the rest of NLP is really rubbish. That said, such simple techniques can give you the competitive edge.

So. Always validate people's emotions. At least at first. This is how to win people over. Everyone likes an ally. Everyone likes to feel understood. Everyone likes to feel listened to. Everyone likes to be taken seriously. Do these things and people will like you.

Sure make a good first impression. It has been shown in many studies that people form their impressions very quickly, and once they are formed, they are hard to change. People are lazy. Unless they have a very good reason to change their opinions, their impressions about a person, they will tend not to. Its a sort of 'inertia'.

So appear to be 'for' whoever you are dealing with. Never risk contradicting them in their opinions. And never contradict their emotions. Validate. Validate. Support. Let them imagine you are in agreement with them. Then they will consider you must be a genius just like them, to be so clever and right about everything!

And most important of all. Make *them* feel that *they* have made the best impression *they* could possibly have hoped to make on *you*! Yes, you've probably read 'The Great Gatsby'. Well this was one of the qualities that F. Scott Fitzgerald gave to Jay Gatsby. Make people feel comfortable around you. Make them feel good around you. Make them feel successful around you. Laugh at their jokes. Put them at ease. Give them any genuine compliments it is possible to give them. Never lie though. It is too risky. They might not believe you, and once this happens they might begin to become wary and doubtful of you. You can't afford that. But if you listen, you will note things that they feel are worth complimenting about themselves. If they fancy themselves as having good taste, then confirm that *self*-deception. Validate their own denials and self-deceptions. Never challenge these. And use them to build up a positive interaction. Find some way to make them feel good about themselves. And this usually means playing upon their own illusions, delusions, and conceits.

Always let everyone feel that you are on their side. Let them feel you are corruptible by *them*. People do not care about justice and fairness. They care about their own pleasure and relief. So make sure you appear to be an asset to them. Make sure they associate you with pleasure and relief. With their own current or future pleasure or relief. This is what motivates all human actions. And remember your holistic inheritance, your 'experience engine' is that of a human. So be very human. And you will gain access to all the pleasures that this form of experience engine has to offer.

Oh, and of course everyone always wants to blame someone else for their own failures. Well the failure of their 'selves', to be more precise. But as they imagine they have free will, they will take it personally. So when they ascribe their own failings to the most ridiculous of sources, be sure to validate them. Whoever they see as the real source of their failure, be sure to be ready to agree. However absurd. However fatuous. Just do it. You will never gain anything from humans by contradicting them in their own self-deceits and conceits. Always validate. Never challenge. No human ever rewarded another for highlighting their own faults, or trying to 'improve' them or enlighten them. Big no no, that. If you want to get tortured to death, then give people honest feedback about where they have 'room for improvement'. If you want to be successful, then let each person you deal with imagine that you see things exactly their way, and you see them as perfect as they imagine themselves to be.

People may claim to value honesty and feedback. Sure they might value it. But they will never reward it. They never have. So don't be a sucker. Don't try to help people become better people. Let them think they are already perfect, and that everyone else just hasn't noticed it yet. Let them think they are beacons of light, and role-models for the rest of the world. Let them think that you think that if only *everyone* would see things their way, and appreciate them for their genius and good natures, then the world would be a perfect place.

Never underestimate how smugly complacent people are. Never underestimate the strength of their delusions of competence. Never be flippant about their egos. Never underestimate the damage you can do by ever challenging their self-image, or their opinions. Just don't do it. If you have nothing positive to say, then say nothing. Just listen, and appear to be impressed, as if you are considering the implications of the brilliant piece of advice or insight they have just offered you. And if Rome is burning at the time, well as long as your house is not on fire, then you have nothing to gain by any comment about it to Nero!

I can tell you I know most of these things from experience of behaving in exactly the *opposite* way. I know for a fact that it IS what you say and *not* how you say it that matters. No matter how nicely you put a criticism, as soon as the listener comprehends they are being criticised, you are a goner! I know that every supervisor you ever have expects you to not only do what they say but to appear to be in agreement with it. I know that the best advice to the best of friends will leave you without friends. Sure, years later they may break down in tears and tell you that you were 'the wind beneath their wings', but that doesn't make up for them abandoning you when you needed friends. So don't do it. Ever. Keep your advice to yourself. They won't appreciate it at the time. They will punish you for it.

You will pay. They will benefit. But they will never reward you. People are really ungrateful bastards. They tend to forget what you have done for them the minute you stop doing. In other words you are only as good as you last deed. So its a bad investment.

Yes it's true. We are all means to each other's ends. That is how we view each other. We may decorate these relationships with all sorts of sentiments, however they all come down to this. We value people for how much they contribute to our own pleasure and relief. Look at how many parents abuse their own children as soon as they are no longer cute and undemanding. Look at how supposed friends treat each other. Look at how lovers, who years before, or often even days before, expressed their undying selfless devotion to the other, suddenly turn on their partners in the most vicious, nasty, ugly ways imaginable. Yes, my friend, as soon as people stop being a source of pleasure and/or relief, they cease being of any value to a human.

So of course if you want to be loved, then be a source of pleasure or relief to people. Buy them stuff. Take them out on fun 'dates'. Buy them dinner and wine. Give them sexual pleasure. Flatter them. Boost their egos. Support them. Make it all about *them*! And sure you'll keep this up as long as they are a source of pleasure or relief to you. And then when you get bored with them you'll find you lose all motivation to do all this stuff for them. Excellent. For then they will leave you, and you won't have to worry about dumping them! For after all, they only loved what you did to and for them. It was nothing *personal*. You merely represented the means to their ends. They loved the benefits. The pleasure and relief. You just happen to be the source, and so by default they imagined they loved *you*. And why complain. You only loved them because they gave you pleasure and relief. It is the pleasure and relief that we love, not the person. It is just a question of association. And once they cease being a source of pleasure and relief, what's left is a human. And that is not a very lovable thing in and of itself.

Remember how cruelly humans exploit their power over animals. Remember how the most dangerous place for a fetus to be is in a 'mothers' womb. Remember how quickly people are to justify and collaborate in wars. Remember how women tend to offer men ultimatums: marry me or lose access to my emotional and sexual resources. And then men get bored of them and become unwilling to keep paying day in day out for a whore they don't want to fuck any more, they will take all they can, even their children. And on that subject, remember how many men become reluctant fathers due to pressure from their new wives, and then how many 'mothers' then blame their children, to their faces, for all their problems, even for their divorce. Oh and not to mention how few humans give a damn about any principles of justice, fairness, or compassion. I mean, really, if you didn't want to fuck one, or if you weren't lonely and needing some affection, I mean, what on earth would you want to have a relationship with a *human*?

Yes, well, that said, when you are in love or lust with one your hormones will act like the most mood-enhancing and perception distorting of all drugs. So enjoy it while it lasts. But don't be a sucker. Plan for the near future when those drugs will wear off. Now you are a junkie. You can't trust your judgments. You think your supplier will keep giving it to you free. You think you are in control. But watch out. Soon your supplier will see you are hooked, and start jacking up the prices. And then one day you will wake up without a cent to your name wondering what the hell you were doing. So plan ahead. Don't enter into any binding contracts while you are 'under the influence'. Don't get married, at least inside the first 5 years. Don't give too much. Don't count on the feelings staying. They will go away, and one day you will be sober, and have to face your partner without the hormone induced ecstasy or 'beer-goggles'. Then you will probably wonder what you saw in them at all. And why you sacrificed so much. Why you spent so much on them. Why you let them enslave you and make a fool of you. So avoid all that, and all the nastiness and name-calling, by not committing yourself so soon. Wait. If you still want to share your life with them in 5 years, then, and only then, is it worth considering making a commitment. For only then will it be meaningful. Before then you have 'reduced responsibility' as your thinking will be impaired by lust and/or romantic love, and all the drugs flowing through your bloodstream which will make it impossible for you to think clearly.

Oh, and before you contradict me, yes of course your relationship is special. You and your love are unique. The world has never known such a genuine and authentic love. You are 'soul-mates'. You two were 'meant for one another' yes yes yes I know cos I have been there myself at least once. So I don't expect you to listen to me. So what I am hoping is that once you are sober, you join me in enacting laws to protect people during this most vulnerable time. Laws which will forbid marriage inside 5 years, and make any financial arrangements and such non-binding. Oh, and which will prevent people from parenting children within the first 5 years of their relationship. Well, surely, if their love is bound to be eternal, then what is a few years wait? I mean, compared with that *eternity*?

O.K. Back to less 'sentimental' matters. Most people waste most of their money on things they hope and expect to bring them pleasure and relief, but which don't. And in fact they aren't actually buying the products marketed, but rather the success, happiness, sex, and family that the advertisers cleverly ensure you associate with their products. They rarely sell the product. They sell sex, family, babies, security, excitement, success, sex-appeal, power, and happiness. Look at all the images in advertising. Look at the context they put their products in. They know they how to manipulate you. They make you *unconsciously* associate their products with pleasure and relief, even if there is absolutely no connection between their products and the things they have you unconsciously associate them with.

Humans are *post*-rationalising animals. They make all their decisions based on emotions, and then rationalise them afterwards. They find ways to justify, explain, and excuse their behavior *as if* they were rational creatures, driven by reason and logic. But they are not rational. This is why you can change a persons supposed 'values' and 'beliefs' simply by getting them to do something. For once they have done it, they feel obliged to rationalise it, to reconcile it with their beliefs and values. With logic and reason. So get a person to do something nice for someone, and later they will imagine that they like that person. Sounds bizarre, I know. But that is 'Experience Engine type Human' for you. It has no free will, but insists on pretending it does. It acts on its emotions, but wants to imagine it is the 'rational' beast!

And then there is the Human nervous system. Very strange construction. A constant, unchanging 'painful' stimuli will continue producing the same feeling of 'pain'. However a pleasurable one will produce less and less pleasing sensations over time. This means that to maintain the same level of satisfaction, happiness, or pleasure from a stimuli, it needs to be constantly increased. In other words it will take more and more of the same stimuli to produce the original pleasant sensations. And worse, it will require a continual input of pleasurable sensations just to avoid feeling unpleasurable sensations from things which previously produced no sensation. This is known as 'withdrawal symptoms'. So if you fall in love, have hot sex, take drugs like alcohol, nicotine, or heroine, drive fast, or have some success, you are going to pay for it in the long run. Crazy hey! Well that's 'Experience Engine type Human' for you. I did warn you!

And so it's no wonder that the brightest philosophers all came to the conclusion that the highest aim in life can only be death. And that Buddha fellow hit the nail on the head when he said we are doomed to 'dissatisfaction' if we seek pleasure. In fact most religions renounce pleasure. They put their hopes in some 'after-life'. Now THAT is amusing, given that if they do insist on being new-incarnated, they are going to find themselves back where they started. So maybe they'd better have a re-think, and focus on making this world worth living in?

Habituation means that once the pleasure of a new acquisition wears off, you are just left with 'stuff'. You end up gaining as much pleasure from the new car, after having owned it for a few months, as you would have gotten from the old one. Same with sexual partners. Same with any success. So consider this before investing a whole of hard to get money into something new. It will only be new for a few months. Most people who come from average working class backgrounds who become millionaires, drive old reliable cars.

Oh, don't waste money on any web-sites that let you imagine there are loads of horny beautiful young women in your area who are just now desperate for a hot, quick, no-strings attached fuck with a guy just like you. It is all false-advertising. They pay women to pretend to be searching for partners on these sites. So as is usually the case with things that seem too good to be true, well, sadly, this is too good to be true. Women always expect some

material benefit in return for sex. Either you have to be really sexy, and so offer them something special, or you have to offer them another sort of good time. And most will settle for nothing less than enslaving you as their boyfriend then fiancé then hubby.

And that successful, hot, charming professional man is not going to leave his wife and kids for you. He is using you for a hot fuck and a diversion from his routine. So start looking again. If he is your dream guy, then he is probably the dream man for millions of women. So do what most women do. Find a nice guy who isn't likely to soak any girls panty crotch and fill her with a desperate need to fuck him, who is so amazed that you could possibly want to have sex with him that he is happy to become your slave. That way you both get more or less what you want. That is synergy.

Oh, did I mention that men and women really hate each other? Well nothing personal, remember. They just aren't compatible, really. Men want lots of random hot fucks and women want babies and slaves to provide for them, and worship them as goddesses. Of course each of them plays up to the other's real desires as much as they can, to get what they want. They repress the anger and frustration they feel for what the other forces them to do, the lies they force them to live, until one day when the benefits wear off, when the lust dies, as habituation guarantees *must* happen, and the men are no longer willing to keep up all the work for sex they don't even want any more, well, all this repressed hostility just blows up.

Nothing personal. It's all just a matter of means and ends. Once you understand it you don't have any use for being personally judgmental. Determinism makes any judgment absurd. And both parties were equally using each other. Whether you use someone to get emotional needs satisfied, financial needs met, or sexual needs gratified, it makes no difference in principle. You are just using the person as an object, as the means to these ends. So let's not have anyone imagining they are any superior to anyone else here. Let's be constructive. It's just sad. It's disappointing. And most of the costs could be avoided just by being honest and upfront at the start.

Of course part of the whole power of relationships of this kind is the illusion, the hopes, the dreams, and the expectations. We expect it to last, and so we are prepared to sacrifice so much for it. Men imagine women love them for their 'selves' and so feel loyalty to them. Women imagine men enjoy being their slaves because they pretend to want to marry them and have kids. I mean who could afford to lie. The men that do miss out. The women that don't pretend they love the man, and not what he offers, won't get to play mummy with darling babies, at least until they become dependent and stop being so adorable.

So I guess what we can aim for is the same sort of management we should apply to all other forms of drug abuse. We need to allow it within controlled environments. We need to fully inform people as to what they are giving their consent to. Then we need to manage the problems and limit the damage. We let the people enjoy their short-term bliss, with the full knowledge that when sobriety comes they will have to pay for all that pleasure, and return to the sober, 'ordinary' world for a time to detox, before, if they choose to, going through the whole cycle again.

I mean life is about pleasure. Right? Why else did you give your consent to be incarnated? And if no-one asked, well at least we can work on it now. So the optimal is to adopt a risk management approach. Seek the optimal balance between benefits and costs. Find a way to enjoy the glories of romantic love, and hot sex, whilst limiting the suffering that they often exact as their 'toll'. We need transparency. We need informed consent. We need a sober pre-drunkenness pre-high pre-intoxicated plan of action which will be carried through when we are no longer able to think straight. That way we can enjoy our drugs of choice, without any 'collateral damage', especially to 'bystanders', such as other drivers on public roads, or in the case of marriage, *children*.

Everyone should let themselves be carried away by romantic love. It is wonderful. I don't regret having been in love and having lost. It is a real life affirming joy. It is real. Only it is not eternal. But we should be allowed to imagine it is eternal, while it lasts, as that is part of the whole beauty of the drug called love. But as a society we have to be sober. We have to treat it like any other drug. We have to avoid the potential hazards, while allowing the participants to enjoy themselves. They will then, even before starting, have to accept the price they will have to pay

when they 'come down'. If they give their informed consent, then by all means let them enjoy themselves. But don't let them force non-participants to pay the price of their pleasure. This means strict driving-under-the-influence laws. This relates to the responsible management of reproduction. This refers to marriage contracts. This requires that everyone be educated about the realities of love, sex, and relationships.

People should be allowed to take any drug, and risk they choose to, after being fully informed as to the risks. But they should not be allowed to impose costs on others who are not willing to take these risks, or risk being burdened with such costs. The Dionysians should pay their own way, and not expect the Apollonians to pay their tab. The Apollonians should not be allowed to spoil the Dionysians party. Let them take their risks and pay their own way, if they so choose, after proving they understand the risks they are taking, and the price they might have to pay.

So let everyone take their drug of choice, whether it be fast cars and motorbikes, hot random, casual sex, heroine, crack, romantic love, gluttony, or alcohol, but force them to pay their own tabs. Ensure they do not place others at risk who have not given their informed consent to take those risks. That way the Apollonians don't have to worry about subsidising the Dionysians, and the Dionysians don't have to justify themselves, nor worry about punitive laws written by the Apollonians to prevent them from having to pay the costs of the Dionysians.

The thing is, free people are free to do whatever they like with their own bodies, so long as the consequences are limited to their own bodies. If someone gives their informed consent to get 'high', after being educated and accepting the costs they are likely to suffer afterwards, and the risks they are taking, then unless they are slaves, why would they not be free to.

That is the point. What you are free to do and free *from* defines your freedoms. To be free to dispose of your Experience Engine and the rest of your holistic inheritance is the minimum requirement to avoid the definition 'slave'. Where you limit risks to your 'self'. Where you pay your own way. Where you pay 'up-front' in the form of insurance coverage for each sort of activity you wish to engage in, whether it be car racing, drug taking, random sex, fighting, or even religion, then no-one but yourself and your fellow 'thrill seekers' will stand to suffer as a result of your activities. And then no one else has any 'interest' in your activities. There is no 'public-interest'. There would be no need to 'criminalise' any of these activities.

This would be 'fair'. You take your own risks. You enjoy the benefits of your own actions, and pay the costs.

And you see, when people behave 'fairly' towards one another, they can afford to be much more tolerant of each other's preferences. The real conflict arises when one group expects another group to pay the costs it itself has produced. Once a 'user-pays' system is implemented, most of the conflict evaporates. The 'play it safe' crowd may still be appalled at the costs that the 'pleasure seeking thrill-seekers' are prepared to pay for their pleasures and thrills, but they are unlikely to actively prevent them from seeking their satisfactions, as long as they don't have to foot the bill for the inevitable car accidents, drug addictions, unplanned pregnancies, healthcare costs, and so on.

So you'll need to organise separate health care insurance for smokers, drinkers, motor-cycle riders, 'hoons', drug users, casual sex practitioners. And you will need systems in place to make sure people don't try to 'free ride'. You'll have to make it impossible to 'cheat the system' by pretending to be a 'play it safer' when you are really a smoking, drinking, fornicating, thrill-seeking, car-racing, adventure seeking 'high-risk' individual.

And you'll need laws and enforcement to prevent people becoming the victims of other people's behaviors. The defensive driver should not have to risk dying in a car accident because some 'hoon' wants to use the public roads as a race track. Non-smokers should not be forced to consume toxic tobacco smoke because other people 'enjoy' lighting up. I guess you get the point. User pays. No risks forced upon others who have not given their 'informed consent' to taking particular risks. Individual responsibility for their own actions.

So imagine yourself succeeding. Imagine how it will feel to be a success. Imagine it in detail. Make the images as vivid as you can. Practice. Watch these films inside your head, not just in 3-D Dolby, but with smells, and textures. Imagine how things will smell and feel. How will the podium feel under your hands? How will it feel when they all applaud? How will you make eye contact with each of them, drawing them into your speech? You can include all the

possible contingencies in your 'movies'. Imagine yourself forgetting something, but getting past it without the slightest hitch or stress. Imagine yourself dropping some papers, or someone getting up and leaving. Imagine yourself coping successfully and confidently with every possible mishap and problem. And then when you finally get out and make the speech, it will all flow exactly as you have imagined it. And this works.

It is so effective that you have to be careful. You can train yourself out of every fear, so that you feel fearless in standing in front of a moving truck. Seriously. So watch out!

And of course the greatest danger is the reverse of all this. Many people program themselves for failure by constantly imagining the worst! So stop doing this. Replace all imaginings of failure with imaginings of success. Imagine yourself feeling how you will feel when you have succeeded. Imagine your life. Program yourself for success. Program yourself for confidence. Yes it is self-hypnosis. But the fact is that ALL hypnosis is in fact self-hypnosis. It is role-playing. Scientific fact! So use it as a tool for your own positive thinking and success.

All of this sort of thing has been called 'psycho-cybernetics'. It is based on the fact that most of our actions are only possible as they are carried out unconsciously. Ever seen a soldier 'square gaiting', meaning moving the right arm forward as they step forward with their right leg? The opposite of what is natural? It happens because they are thinking too hard about the action. They are worried about doing it wrong. But when you don't think about it it is almost impossible to 'square gate'. This happens with many things when we try to force them. The complex muscle interactions necessary for the smallest action as so, well, complex, that it would be impossible to deliberately carry them off. And so the largest part of our brain, the unconscious bit, does all that. All you need to do is program it with the outcomes you desire of it. Tell it what you want to do and how you want to feel in any situation. Visualise how you want to act and feel. Visualise the successful completion of any actions. Vividly imagine how good you will feel when you succeed at it. Do this enough and you will be letting your unconscious know what you want from it. You will be sending it your 'wish list', and it will work out how to achieve it. Seriously. Ask top athletes and entertainers about their visualisations. They go through it all in their minds. They see themselves doing everything correctly, and then feel themselves enjoying all the sensations and emotions of success.

Buddhist monks can set themselves on fire, without any fear, and without any 'pain' as such. Fighters get rid of all fear of their opponents, and of their blows. They can then approach their fighting from a technical level, without any fear or anger. Watch stunt-men perform dangerous stunts. They are calm and cool and completely technical on the surface, and use the adrenalin to focus their minds, tuning them into their pre-programmed 'visualisations'. They go through the entire successful stunt in their minds, and then calmly do the stunt. Their unconscious muscle memory kicks in and does what it has been programmed to do.

And here's the thing. Remember that stuff about wanting to kill your father to fuck your mother? And the guilt you feel in association with any sex as a result? Well this is the source of all our neurotic anxiety. And our self-defeating behaviors. Neurotic people feel obliged to punish themselves of having killed, in their imaginations, their father or mother, in order to possess their mother or father for themselves. So lots of people actually unconsciously program themselves for failure.

Freud writes that 'the neurotic punishes themselves by submitting to restrictions and renunciations disguised as protective measures'. This means they deny themselves success and pleasure. And thus they unconsciously program themselves to fail. Think about this. You have to comprehend this 'Oedipal complex' and its implications to rationally escape from it. You have to recognise it, and overcome it. Only then can you start programming your unconscious for pleasure and success! See the *TROONATNOOR* series of books for more details.

Neurotics often fear success. They feel anxious when they are happy or enjoying life. They expect that they will be punished for being happy. Why? Well when they were infants, they were at a 'pre-rational' stage of mental development. They thought their thoughts were actions. They considered imagining something to be doing it. They believed they were magical or omnipotent. They wanted their father or mother to 'disappear'. So at some unconscious level they are sure they actually killed someone. So there is that. Then there is the fear that the parent

they wanted to kill might discover this fact, and punish them. One reason people may have an exaggerated affection for one of their parents, the one they actually wanted to kill. They are over-compensating with love for fear that their actual hostility will become apparent. Remember that for the infant the father or mother were god-like in their strength. They had complete life and death power over the infant. Don't think like a rational adult. Imagine being an irrational, ignorant baby. And then you might get it.

So ask yourself if you are scared of success. Do you feel you don't deserve it? Do you imagine that if you get that promotion, the universe is sure to punish you by giving you cancer? Do you unconsciously sabotage every chance you have of happiness, joy, pleasure, satisfaction, and success? Well if you see any sort of pattern, it is probably this 'Oedipal complex' at work. So accept that you wanted to kill your daddy, to fuck mummy. Accept that you would have, if you could have, killed him, and fucked her. And then remind yourself that this is normal. That everyone went through this. It is nothing to feel guilty about. It is just a natural part of being 'Experience Engine type Human'. You don't deserve to suffer. You don't deserve failure. You deserve to be happy, successful, and to enjoy your life. You deserve pleasure and success. You will have to keep thinking this until you feel it deep down, and it becomes your NEW psyche. Your new unconscious program. Yes you deserve to be happy, successful, and to experience all sorts of pleasures. WANT to. And you will!

O.K, so I just saved you tens of thousands of dollars of psycho-therapy. All for the price of this book. Good deal, hey! But the sad thing is that most of you just won't get it. You aren't able to accept it. You will just go on living in denial. Of course the religions of the world are all too happy about this. In fact they developed their whole 'industry' on the foundations of this 'Oedipal guilt' this 'original sin'. They offer a whole industry of self-deprecation, guilt, self-torture, a 'vocation in suffering', renunciation and self-loathing. They offer you all the props to continue punishing yourself for your infantile desires. They offer a context in which your neurosis appears, well, normal. They thrive on your suffering and failure. They profit at your expense.

So, really, if you get a chance, abolish all the world's organised religions and their karma, their sin, their 'vocation in suffering'. Religion is just superstition and what Freud called 'mass neurosis'. It lets you act out your neurosis among fellow neurotics, without feeling self-conscious. It gives you rituals to follow. Saves you making up your own. Keeps your hands busy so you won't start masturbating or trying to feel up another person's sex organs. Keeps your mind occupied in ritualistic, trance-inducing mindlessness. That way you won't have to think of all the bad sex thoughts and evil sinful sex things you want to do. Remember that THEY are the reason you killed daddy or mummy. Anything in the least sexual is thus dangerous, shameful, and sinful. Anything associated with that terrible act of murder has to be censored. And you'd dare not enjoy life, cos that would not be right. You are an evil murder, and incestuous little nasty, vile, loathsome creature. You wouldn't dare have any fun. No. Better to suffer now, than to go to suffer an eternity in any of the hells on earth or elsewhere!

Yes you should be fucking pissed about this. You should be enraged at how religion has abused you, and stolen your potential for joy, happiness, and pleasure from you. How dare they! The fuckers! The fucking shitful fuckers. Yes. Hate them, and not yourself. Love yourself. You are no better or worse than anyone else. The priests live in luxury, at your expense. They have hot sex and take drugs. They live the high life, laughing at how easy it is to fool you, to 'fleece their flocks'. You have every right to hate them. But think about it. They are just doing what suits them. They aren't neurotic. They are doing their best to get the most out of their lives. You can't blame them. They saw an opportunity and took it. Just sad that all their satisfaction and joy must come at your expense. Well it doesn't have to any more. It's time to take back your life. It's time to take what you need to be happy. You deserve it as much as anyone. As long as you observe the 'social contract' you have every right to seek your own happiness and satisfaction.

Psycho-Cybernetics: visualise your way to success, and overcome your fears and shyness

Many successful people use 'visualisation techniques' to overcome fears, and get themselves in the right 'frame of mind' for success. I have managed to get myself to 'dive' off the 10 meter board at a public swimming pool. I stung my back, through lack of technique, but the point was I managed to overcome my fears. So keep this in mind. It can be quite dangerous. Fear is our ally, when it makes us aware of risks and hazards. But fear is our enemy when it stops us doing things we need to do to succeed. It is our enemy when it stops us doing things which are not dangerous. When it stops us from enjoying our lives to the full.

The most common fear is that of speaking in public. Our pulses race just from talking with one person. We are taking a big risk at offending our interlocutor, making a mistake, losing status, losing acceptance and approval, and so on. So if you multiply this room for error by the number in your audience, it is easy to see why we can get so fearful. And this fear stops us from performing to our highest standards. So we need to learn to overcome it.

And the same technique that is effective for overcoming such fears is also generally effective at learning any new skill or technique. It is called 'visualisation'. What you do is visualise yourself successfully giving that speech. In detail. You visualise yourself confidently beginning your speech, you go through it step by step right up to the final round of applause, and you leaving the podium, full of all those positive feelings of satisfaction and achievement that you can imagine, and feel, just as if it is all happening right now.

And so you can practice parking a car, kicking a soccer ball, hitting or throwing a baseball, or seducing a lover. You visualise what you want to happen in detail. You imagine or the feelings you will be feeling. You program yourself in a sort of 'self-hypnosis' to expect the best. And the law of 'self-fulfilling prophecies' usually guarantees that you will behave and feel exactly as you have imagined you would. You have gone through all the actions and feelings over and over in your mind. You have developed a 'muscle memory'. The muscles and brain do not distinguish between actual movements and those you merely imagine. The neural networks grow and strengthen the same for visualised, imagined actions as they would for actual physical actions.

O.K. So that was the equivalent of 1000 self-help books and seminars all rolled into a few paragraphs. If you don't get it, then read the *TROONATNOOR* series of books for a step by step explanation. This book is the 'in your face' short version. Many of you will get it. You don't need much convincing. Because it really is that obvious. But most people will need convincing. You can't expect any otherwise. They have been living in a social reality so far removed from reality, for so long, they can't relate to reality at all. It is just so far-fetched! Just so unbelievable. Surely things can't be that simple? Surely so many people couldn't have let themselves be tricked for so many thousands of years?

The worst thing is that people who loathe themselves tend to project all that self-loathing onto everyone else. They hate everyone else. They really hate themselves. They hate homosexuals and vegans and non-theists and foreigners and rich people and happy people and successful people and clever people and talented people and creative people and people who have great sex and enjoy their lives and, well, I think you get the picture. This, sadly, is part of your holistic inheritance. This hate. So don't expect that, once you have opened your eyes to reality, that others are going to change suddenly. In fact the world will seem even worse to you than it ever did, as now you have a vision of what is *could* be. Ah how easy and good life *could* be, if only people would get educated and enlightened, or at least give the power over to people who were!

And justice for all?

Why should we care about justice at all? O.K. Of course we should demand justice for ourselves, and those we care about, those who provide us with pleasure and relief. But any further than that, what motive could we possibly have for worrying about the injustice others suffer from?

Well here's the thing. New incarnations are random. You've realised that now. I mean, you wouldn't have chosen your own holistic inheritance if you had been given a choice, would you? No? You would have chosen to inherit an experience engine that was rich, beautiful, sexy, healthy, super intelligent, talented, with perfect parents, the best education, unlimited resources and opportunities for fun, satisfaction, pleasure, and success, and on and on. Right?

So that's the deal. You might benefit *this* life from injustice and inequality. But look at the odds. Say you are lucky enough to be one of those 'one in a million' people who hit the jackpot with the ideal holistic inheritance. Well you could just use all that power and privilege to serve yourself. Live it up for as long as you are this particular experience engine.

But then chances are for the next times 99 times in 100, you will be born the *victim* of injustice and inequality, rather than its *beneficiary*. That's just simple math. And so ask yourself. Is it worth having *one* great life in a million, when you're gonna have to pay for it 99 times over? And that is probably being really generous, odds-wise.

And given the demand for experience engines, and the attractiveness of all the alternative experience engine types, there is a good chance you will end up as non-humans millions of times in the future. Now would you risk being born as a battery hen, or a cow, or a pig, in one of those horrific 'factory farms' where most of our 'food' is 'produced'? Just so that the times you are born as a Human, you can enjoy cheap milk, eggs, meat, fur, leather and so on? When there are so many alternatives to animal products that you wouldn't have to reduce your living standards or sacrifice your lifestyle in order to *eliminate* all that animal suffering, *forever*?

Would you allow ugly, stupid, unhealthy, poor, ignorant people to reproduce themselves, just to satisfy their egotistical desire to reproduce themselves, if you knew that next time around *you* would be their child? Would any of you volunteer to be their children, and to endure the holistic inheritances they force on their own offspring?

Come now. I realise you are an 'Experience Engine type Human', and that by nature you tend towards denial. But really. Is it even possible for a *Human* to deny the facts any longer?

In conclusion

Look. I have kept within the guidelines for DIN 34 materials. I have to observe the rules of my trade. I've done my best. This current guide is a real improvement on the previous editions. O.K. Sure, it is far from perfect. But it's the best I could do with the resources at my disposal.

I hope you now see the situation you have inherited. I hope you can see the opportunities available to you for a positive experience. I hope you have been empowered to avoid the pitfalls associated with Experience Engine type 'Human'.

Experience Engine type 'Human' has many potentials for positive life experience. However it is prone to so many errors in thinking that most of 'awareness potentials' have given up on it entirely. It is more for those who have a taste for the absurd and the perverse. I guess there will be a market for it as long as people crave something 'different'.

Our approach has been to seek to offer an optimal adaptation to each Experience Engine. This type 'Human' is one of the most complex and challenging, but also the most potentially rewarding and satisfying. But only if you approach it in the optimal way. Otherwise it has the potential for the worst experiences that an Experience Engine possibly has to offer.

And that is perhaps the defining characteristic of this particular Experience Engine type. It offers the potential for heaven for a few, hell for many, and for most, a sort of suspension between the two which is barely worth bothering with. So if you find yourself in this hell, or this 'limbo', we seriously suggest you consider euthanasia. Throw off this experience engine in favor of the wide range of alternatives the universe has to offer.

On that note, we will ask you to consider what *sort* of 'next lives' you would like to experience. For whatever you do this life will determine the world you inherit next time around. Your next holistic inheritance will be positive or negative, satisfying or dis-satisfying, pleasurable or painful, exciting or nauseatingly boring, depending on the laws you make in this life. It is I guess 'virtual' karma. You want to be born healthy, beautiful, and intelligent, with access to all the social resources (a.k.a 'nurturing') required to realise your genetic potentials? Then now is the time to demand eugenics laws. No is the time to 'regulate' and 'manage' reproduction. Freedom *from* misery, inequality, exploitation, pain, suffering, disease, illness, ugliness, dissatisfaction, stupidity, in exchange for giving up the freedom *to* reproduce yourself (a.k.a irresponsible reproduction or 'reproductive incontinence').

And remember few people ever accepted any impositions upon their 'freedoms to' spontaneously and independently. No. It required laws which were enforced. If you are not to be a slave, then you must demand on your right to euthanasia. If you are not to be a hypocrite, then you must submit to respecting the rights of others, including animals, to be free from the same things you wish to be free from. So we must now introduce laws and enforce them. Many of us would still be in chains if it were left to the slave masters to decide according to their own 'consciences'. Today 'not-yet-persons' have no legal rights. They are clearly slaves. Today 'not-yet-conceived-persons' have no legal rights. They are slaves to the whims of their not-yet-parents. We must give them the right to the optimal holistic inheritance. This means people will need to give up the 'freedom to' reproduce according to their own whims, or to behave in ways that lead to 'unplanned' conceptions.

Remember every sacrifice of a 'freedom to' represents the reflex gain of a 'freedom from'. So ask yourself now, what do you most want to be free *from*? What do you most want to be free *to*? And what would the billions of not-yet-conceived-persons want to be free from? Do the benefits of these 'freedoms from' outweigh the value of your current 'freedoms to'?

And remember. *You* are those not-yet-conceived-persons. It is your own fate that you can decide right now. Will you risk being born with the holistic inheritances that most people are born with today? Remember that when

you let everyone reproduce, you not only let them reproduce themselves, but you are letting them reproduce this world as we know it. Is it the world you would give your informed consent to being randomly new-incarnated into, as *all* of the beings in it, *all* of the animals, all of the people?

Let us eliminate all forms of slavery right now. Or do you want to remain a slave? Do you want to be born into slavery, again and again? Is it worth enjoying the privileges of being beneficiaries of slavery for one life, and then paying for these benefits with thousands of lives of slavery and misery? I'll let you do the math.

A note to our readers

All of us here at the 'Users Guide' team would like to recommend our entire series of '*User Guides*' to you for your future consideration. It has been a pleasure to have been of service to you. We wish you all the best. And if it was out of our power to ensure that this current life of yours is one worth living, we would like to wish you very many '**happy next lives**'.

Experience Engine User Guides

A possible opportunity for you

If you know of any publisher interested in publishing my books, please contact me, and I will be sure to reward you financially for your help. If you are writing a university essay, please reference my works. Anything you can do to draw attention to my works will be greatly appreciated.

TROONATNOOR Fiction (Novels)

P.R.O.P.H.E.T: Ghost in the machine

A science fiction novel that will put Harry Potter in the shade

Markus Rehbach

Veil of ignorance

A plan to bring about a New World Order that even the Zionist Banksters are clueless about?

Are *you* part of the conspiracy?

Markus Rehbach

And as of 2014, TROONATNOOR publishing has the pleasure to introduce our new author, Clarissa

Sophia Von Der Golz

Xob S'ardonap and The City of The Sun

An adventure mystery spanning the ages, and the globe

A novel to rival Dan Brown's best plots

Clarissa Sophia Von Der Golz

Sex I life

A teenage girl's insights into sex and life

Clarissa Sophia Von Der Golz

User guide: experience engine type human

Life should have come with a manual, don't you think?

Clarissa Sophia Von Der Golz

TROONATNOOR Non-fiction

The Reality Of Our Natures And The Nature Of Our Realities

Volumes one and two of TROONATNOOR

Everything you expect from philosophy and more. Answers all your questions, and many you've never even thought of asking. Yes it is about the meaning of life, the universe, and everything.

Markus Rehbach

Convergences: Things you will want to know

Volume three of TROONATNOOR

Don't be fooled again. Realise your full potential.

Markus Rehbach

Religion

A holistic overview and insights into the world religions

Volume four of TROONATNOOR

There is much more, and much less to it than you probably imagined

Markus Rehbach

The mystery of the dreamer and the dream

At the edge of TROONATNOOR:

Zen, lucid dreaming, Carlos Castaneda and the meaning of life

Markus Rehbach

9.11 (Five minutes to midnight?)

The Central Banksters, Zionism, 911, WWII, and The New World Order

Markus Rehbach

Sung Seng Nim: A tale of two faces

My experiences living and teaching in South Korea

Markus Rehbach

From Moscow with Loathe

My experiences living and teaching in Moscow

Markus Rehbach

Marx Herbach and the swan

My experiences living and working in Poland

Markus Rehbach

The phrasal syntax method

An understanding of the history of the evolution of the English language informs the optimal approach to teaching and learning English

Markus Rehbach

The ultimate recording and mixing guide

Get the most professional results possible on any budget

Markus Rehbach

Your vocal training guide

Improve your singing and your posture, while treating T.M.J, and reducing the frequency and severity of migraines

Markus Rehbach

A taste of TROONATNOOR

A selection of my blog posts

Markus Rehbach

Autobiographical TROONATNOOR

The life and mind of the philosopher prophet of the Eden protocols

Markus Rehbach

An education in victimisation

My personal experiences of victimisation in the N.S.W department of education, in the context of international research into the phenomenon of workplace mobbing.

Markus Rehbach

THIS WAS

A TROONATNOOR BOOK
AN EDEN PROTOCOLS PUBLICATION
A HAPPY NEXT LIVES PRESENTATION

Connect with the author on Facebook and discover details of other
TROONATNOOR titles, and special promotional offers

Happy Next Lives

Don't miss out!

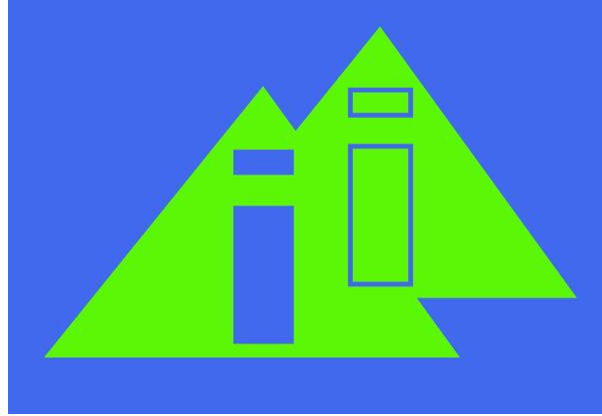
Click the button below and you can sign up to receive emails whenever Clarissa Sophia Von Der Goltz publishes a new book. There's no charge and no obligation.

Sign Me Up!

<http://books2read.com/r/B-A-PQSC-NTVI>



Connecting independent readers to independent writers.



About the Publisher

The Reality Of Our Natures And The Nature Of Our Realities